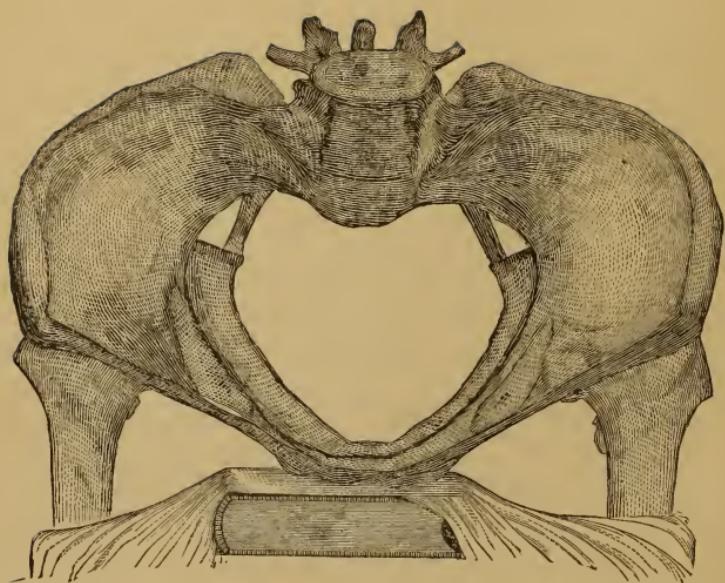


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THE PELVIC INLET.

(From a Photograph.)

HOW TO USE THE FORCEPS.

WITH AN

INTRODUCTORY ACCOUNT

OF THE

FEMALE PELVIS

AND OF THE

Mechanism of Delivery. —

BY

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P R E F A C E

TO THE REVISED AND ENLARGED EDITION.

SOME of the statements made by the late Prof. Henry G. Landis in the following pages differ radically from the accepted teaching and teachers. Yet they have in their support, in addition to the numerous authorities he has quoted, their agreement with the known anatomical facts given in their elucidation, with phenomena familiar to every well posted obstetrician, and with mathematical mechanics, making their truth easy of demonstration. After a careful perusal of the book and the demonstration of its truths in actual work at the bedside, I have consented to edit this new and enlarged edition, believing with the publisher that the book contains much of value, and that the science of midwifery will lose greatly by permitting it to pass from the further notice of the medical profession.

C. H. BUSHONG, M.D.

NEW YORK, 59 W. 19th St., January, 1894.

PREFACE.

THE views herein set forth of the Anatomy of the Pelvis were imperfectly outlined in an article published in *The American Journal of the Medical Sciences* for April, 1876. Further study and experience in teaching have led to their expansion into what is now, I trust, a more exact and intelligible statement. The practical deductions which arise from them are given with as much conciseness as possible.

It has not been thought necessary to present an array of authorities and opinions of others as to the manner of using the Forceps when the standpoint of observation was obviously different. With this disclaimer of improperly ignoring the labors of others in this field, these pages are submitted to the profession for the test of an enlarged experience.

H. G. LANDIS.

COLUMBUS, O., Sept., 1880.

INTRODUCTION.

THE right use of the obstetrical forceps demands a thorough knowledge of four things: First, of the instrument itself, its form, design, and capabilities; second, of the place into which it is to be introduced, viz., the maternal passages, their form, direction, and mutual relations; third, of the body upon which they are to be applied, viz., the child's head, its form, consistence, and tolerance of manipulation; fourth, of the normal mechanism of labor, or the manner in which the child should be delivered by the natural powers—for the forceps are not a foreign and unnatural resort, like the Cæsarean section, but are intended to assist, supplement, and conform to the course naturally observed in labor. The great diversity in the shape and design of forceps now in use, and the vague and conflicting opinions as to the manner of their employment are a sufficient evidence that an exact and scientific basis has not yet been reached or, if known at all, that it has not been well and generally understood. A study of the mechanism of labor *de novo*, will be, then, the first requisite for a proper understanding of any artificial aid intended to assist or replace that mechanism. I shall take for granted a preliminary acquaintance with the superficial anatomy of the pelvic bones.

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P A R T I.

THE MECHANISM OF LABOR.

SECTION I.

THE ANATOMY OF THE PELVIS.

THE mechanism of labor is concerned with three things. 1. A body to be propelled. 2. A tube or channel through which it is propelled. 3. The forces which accomplish and regulate the propulsion.

The first is the child, and chiefly the child's head, which alone offers much resistance. The second is contained mainly in the pelvis. The third is mainly of muscular origin. The relations which these several factors bear to each other, and especially those subsisting between the first and second, constitute the most important part of the study of this mechanism. Neither of these can be profitably studied apart from the other except in so far as they may present conditions alien to the mere fact of delivery. As a starting-point we may take the most permanent factor, the pelvis.

The female pelvis has three uses :

- I. It serves to contain and protect certain vessels and viscera.
- II. Being placed at the end of the vertebral column it is designed to support the weight of the body,

transmitting it to the femora in the erect position and to the ischiatic tuberosities in the sitting posture.

III. It is modified to allow and direct the passage of the child through it during labor, and is the principal constituent of the parturient canal. The first use is obvious, and is not relevant in this connection. The second is not entirely relevant, and may be dismissed with this brief formulation, which the practically minded reader may omit.

1. The pelvis is made up, first, of two beams, the *sacro-iliac*, extending laterally from the base of the vertebral column to the acetabulum of either side and thus distributing the weight of the body to the femora in the erect posture.

2. These lateral beams are continuous with a third beam, the *pubic*, placed transversely, and in front, which regulates the interval between them.

3. These three beams in the adult female are arched outwardly to provide room for the parturient act, and are so situated as to form a complete bony rim at the beginning of the pelvis.

4. From the under side of this rim two other arched beams spring, the *ilio-sciatic*, one on each side and posteriorly, which end in the ischial tuberosities, to which they transmit the weight of the body in the sitting posture.

5. A sixth arched beam, the *sub-pubic*, is placed under the bony rim in front, which also has its extremities in the ischial tuberosity of either side.

6. The upper bony rim is amplified into a tube by the presence of these secondary arched beams on the front and sides, and by the extension of the sacrum and coccyx behind.

Thus we see that the pelvic tube is not entirely designed as a parturient canal, but that a structure having other uses has been modified for this secondary purpose. The extent of the modification can be seen by comparing the male and infantile pelvises with



FIG. 1.—OUTLINED FROM HODGE.

that of the adult female, the beams of the former being nearly straight, while those of the female are greatly arched. And if it is modified for the sake of the child, we may expect to find a correspondence between the shape of the pelvis and the shape of the child. Before making the comparison, we will notice that the wings of the ilium and sacrum are concerned only with the first and second uses of the pelvis, being buttresses of the arched beams and guards of the viscera against external violence. The

obstetrical relations of the pelvis begin with the bony rim before mentioned. We may therefore remove

these wings as a preliminary to our study. When the sacral and iliac wings, or "false pelvis," are removed, the pelvis presents the appearance shown in Fig. 1,



FIG. 2.

when viewed from in front. If we then make a perpendicular section through the acetabula we shall find that the pelvic tube has an outline similar to that shown in the diagram Fig. 2. It is therefore wider above than below, which is the first important fact to remember.

This does not give us a complete idea of the tube, for the sacrum which forms its posterior wall is markedly curved. We must therefore make another perpendicular section at right angles to the



FIG. 3.

former one, which will give us such an outline as is shown in Fig. 3. By combining these mentally, for

obviously no pictorial representation can show them at once, we will begin to have an approximate idea of the shape of the pelvic tube. But we would, if we stopped here, have an idea that it resembled a funnel bent upon itself, and would fail to have any explanation why the child in labor does not at once drop to the bottom, since the top of the funnel is so much more capacious than the lower end. From these two sections we learn

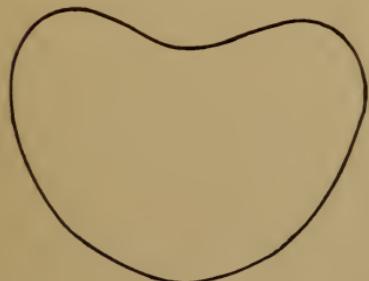


FIG. 4.—THE PELVIC INLET.



FIG. 5.—THE PELVIC OUTLET.

only the direction of the tube ; its calibre must be determined by looking into and through it. Its beginning or inlet is found to have the shape indicated in Fig. 4 ; its outlet, that shown in Fig. 5, a remarkable difference. These four figures (2, 3, 4, 5) show the pelvis from in front, from the side, the inlet and outlet, and must be held in mind while we seek for a something to harmonize and explain them.

Beginning with the inlet, we find that its shape is often spoken of as an irregular oval, but when

we analyze it we will find that it is beautifully regular in outline. The explanation of its shape must be sought, as said before, in the child, for which the pelvis has been modified. Clinical experience teaches us that the child's head is the part which offers the most resistance in delivery. Its great relative size and firm organization make it the most difficult part to be expelled. Also, it is usually in advance, and after its passage through the pelvis the rest of the body can readily follow. Next to the head the shoulders offer the largest outline. Only under exceptional and abnormal circumstances do any other parts of the child present any difficulty in passing through the pelvis. The natural manner for the child to enter the pelvis in labor, is with the top of the head in advance.

The middle circumference of the head is therefore applied to the brim or inlet at the beginning of labor.

If a plane section be made through the middle of the head horizontally and at the level of the parietal eminences, it will be bounded by such an outline as is shown in Fig. 6, which is for all practical purposes an ellipse. As a matter of fact, if the head is



FIG. 6.—OUTLINE OF
FETAL HEAD.

partially flexed upon the breast, a horizontal section made at the same level will be entirely elliptical. If we apply an ellipse cut out of

card-board and having such an outline, to the inlet of the pelvis we will find that it completely coincides on one side, and if reversed, to the opposite side, the two outlines intersecting one another. This is shown in Fig. 7, where the dotted line A B finishes the elliptical outline on one side and the line A C upon the other side. The same ellipse applied to the outlet entirely corresponds to it, though the outward flaring of the ischial tuberosities makes this a little wider.

We may then say, tentatively, that the outline of the inlet is compounded of two partially superimposed ellipses similar to the outline of the foetal head—while the outlet represents but one such outline. The shoulders will throw more light upon the subject. They also have upon transverse section an elliptical outline almost identical with that of the head. But the long diameter of the shoulders, *i.e.*, their breadth, is at right angles to the long diameter of the head. Therefore, when these two ellipses are superimposed, as happens practically when the shoulders follow the head through the pelvis, their outline would present such an appearance as is shown in Fig. 8.

This is not the whole truth. The foramen mag-

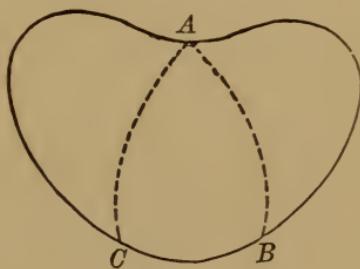


FIG. 7.

num, and therefore the occipital condyles, are not placed centrally in the base of the child's skull, but much nearer the posterior end of the head, especially

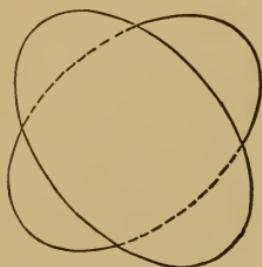


FIG. 8.

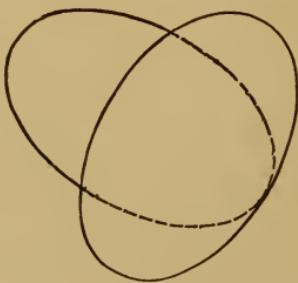


FIG. 9.

when the head is flexed. Therefore, Fig. 9 may be substituted for Fig. 8 as more exactly representing the facts. Now if the head is laterally flexed so as to bring one ear nearer to the corresponding shoulder than in the horizontal position, which also happens during the labor, these outlines would be superim-

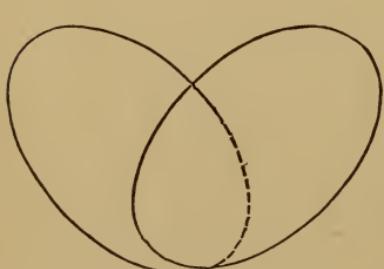


FIG. 10.

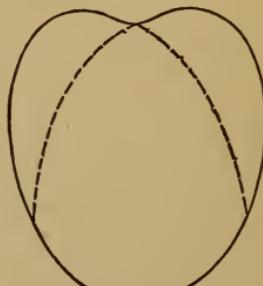


FIG. 11.

posed in the manner shown in Fig. 10, which also represents the outline of the pelvic inlet (Q.E.D.). The length of the pelvis is such that the shoulders

may still remain in the upper part when the head is born. If it were not for some such provision the neck would be disagreeably twisted, by reason of the shoulders being compelled to follow the head through a passage calculated for the latter alone. Furthermore, transverse sections of the pelvic tube made at any point will show this double relation until we reach the outlet, where there is evidently but a single canal. Fig. 11 shows the outline of the canal a little above the outlet. By the time the shoulders have reached this point the head is born.

We may therefore infer that the pelvis is in reality a *double canal*, its two parts being partially fused at the beginning and entirely so

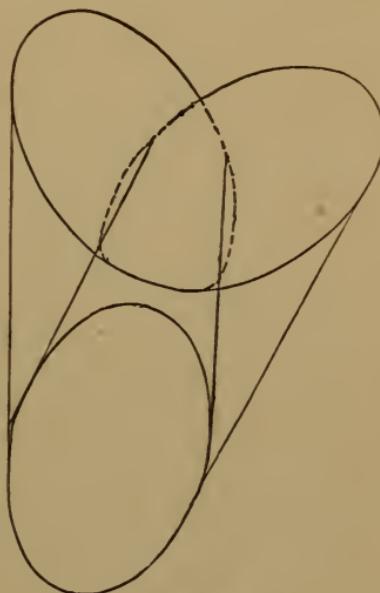


FIG. 12.

at the end, and may construct a theoretical diagram, Fig. 12, which will exhibit these facts. This will explain the appearance delineated in Fig. 2, for on adding dotted lines to represent the inner and invisible walls of these supposed parts, as in Fig. 13, we see why the pelvic inlet is wider than the outlet, and also learn the direction of the two canals.

These facts may be formulated as follows, before proceeding further, with such conclusions as may warrantably be drawn from them.

I. The pelvis contains two canals, partially separate at the beginning and identical at their termination.

II. These canals converge from above downwards, and are also mutually curved from before backwards,

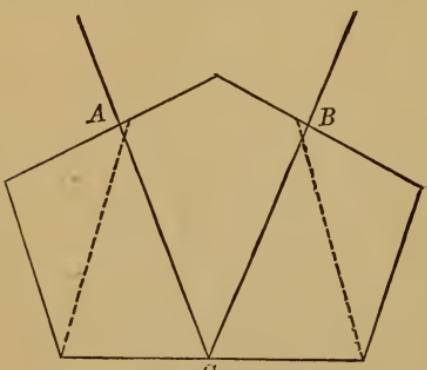


FIG. 13.

as indicated in Fig. 3. Their direction is therefore somewhat spiral.

III. The calibre of each canal is that of the foetal head; therefore the head may descend in either canal and will

follow a spiral course in so doing. These canals may be called respectively the right and left canals; the right being the one in which exclusively the right sacro iliac symphysis is found, and the left in which the left sacro iliac symphysis is found. Of these the right is somewhat the larger and is the one in which the head usually descends; for which there are other reasons, as will be shown further on.

For purposes of description certain planes, axes, and diameters are to be considered, concerning which we will first state the views generally enter-

tained. Playfair says :* “ By the planes of the pelvis are meant imaginary levels at any portion of its circumference. If we were to cut out a piece of card-board so as to fit the pelvic cavity, and place it at the brim or elsewhere, it would represent the pelvic plane at that particular part, and it is obvious that we may conceive as many planes as we desire.” Two such planes are of especial importance, those of the inlet and outlet, or, as they are also termed, the superior and inferior strait. Hodge defines the plane of the superior strait as a surface bounded by the circumference of the strait which is marked by the “ inner margin of the tuberosity or horizontal portion of the pubes on either side, by the spinous process, the linea ilio-pectinea, and the inner margin of the ala of the sacrum, and posteriorly by the promontory of the sacrum.” The axis of this plane is a line drawn at right angles to it and the combined axes of similar planes drawn at all levels of the pelvic cavity, constitutes the axis of the pelvis, which is supposed to indicate the course of the child’s head in delivery (see Fig. 14).

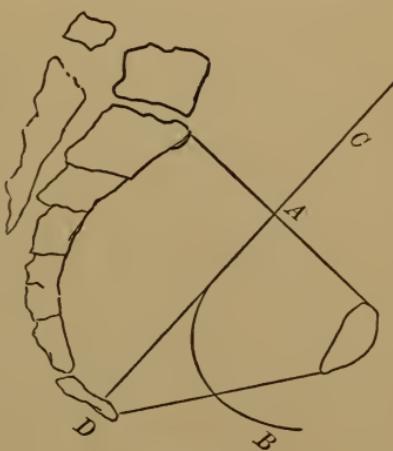


FIG. 14.

* System, p. 35-6.

By beginning wrong we generally end wrong. By studying the pelvis only from antero-posterior sections we get only a partial knowledge of it. The whole study of the mechanism of labor as given by Hodge and his successors is vitiated by the inaccuracy involved in his description of the superior strait. For to this succeeds, as a consequence, a vagueness as to the true position of the head in labor—which is a point of great practical importance, especially when we attempt to apply the forceps. To begin on common ground, the plane of the inferior strait is confessedly artificial and arbitrary. The outlet is so irregular in its termination that no one pretends to describe a plane passing through all the points of its circumference. We draw a line from the under edge of the symphysis pubis to the tip of the coccyx, called the conjugate diameter of the outlet, and a plane passing transversely through this line and limited by the calibre of the pelvis, we call the plane of the inferior strait. Since this calibre is so evidently the same or nearly so as that of the foetal head, and since we find clinically that the head emerges from the outlet in a definite relation with such a plane, we may retain it, but always admitting its artificial character and boundary. The same course has not been followed with the inlet. Hodge gives no hint of compromise in fitting the plane of the superior strait in its circumference, although Fig. 1, outlined from his work, shows clearly enough

that no plane can pass through the points mentioned in his definition. And as unnoticed error, especially when sanctioned by high authority, has a great power of growth, it is not surprising to find Dr. Leishmann following with the statement that the various parts of the line bounding the superior strait "are in man alone on the same plane." As a matter of fact, the circumference of the inlet bounds two distinct planes, whose inclination to each other may be seen in Figs. 1 and 2 to be about at an angle of 150° .

If we cut out of card-board two ellipses similar in outline to the middle circumference of the foetal head and apply them or attempt to apply them to the border of the pelvis on each side—in other words to the very points mentioned above by Hodge—we will find that they intersect one another in the median line, while accurately fitting the pelvis in other respects. We may call these planes respectively the initial plane of the right and left canal. Any number of similar planes may be drawn in each canal, which will have a less and less inclination to each other until at the inferior strait they will be identical with each other and with the plane of the inferior strait as above described. The axis of the initial plane of either canal is a line drawn at right angles to that plane, and indicates the direction of either canal at the beginning.

The *axis* of each canal will be a line extending from the centre of its initial plane centrally through

the canal to the centre of the plane of the inferior strait. This line will not have only the direction shown in Fig. 13, but being curved from before backwards, in the manner of the central axis in Fig. 14, will be spiral and therefore incapable of pictorial representation. But there is upon the pelvic walls a line on either side, which is as nearly as possible parallel to this axis, viz., the raised line extending from each pectineal eminence on the ileo-pectineal line to the ischial spine of the same side. As this is an important line from this circumstance, and from the part it plays in the mechanism of labor, we may give it a name and call it the *ilio-sciatic* line.

It will be convenient for descriptive purposes to retain the so-called "plane of the superior strait," but for avoidance of confusion we may define it as passing transversely through the conjugate diameter (CD, Fig. 15) of the inlet and call it the *plane of the conjugate diameter*. Similar planes may be conceived of as drawn at right angles to the general cavity of the pelvis at any level, and to distinguish them from like planes drawn in the right and left canals we may call them *planes of the pelvic cavity*. The plane of the conjugate diameter is said to be inclined to the horizon at an angle of 60° when the woman is in the erect posture, the face of the pubes looking almost directly downward and the plane of the outlet backwards and downwards. In the sitting posture, with the pelvis resting on the tuberosities of the ischia, the

inclination of the plane of the conjugate diameter is about 45° , while the plane of the outlet is almost horizontal and looking directly downwards.

In the recumbent posture the plane of the conjugate diameter is almost equally inclined in an opposite direction from the last, the plane of the outlet being nearly vertical. In the semi-recumbent posture, which is supposed to be the characteristically American method of sitting, the plane of the conjugate diameter is level with the horizon, while that of the outlet looks downwards and forwards. The initial planes of the right and left canals have substantially the same inclination to the horizon as the plane of the conjugate diameter in these various positions, so far as the planes are considered in their antero-posterior direction. But they have also a lateral obliquity of about 15° from that of the conjugate diameter, which is made sufficiently evident by reference to the figures or better still, to the pelvis itself.

Certain diameters are usually described as existing in the inlet and outlet of the pelvis.

The principal ones in the inlet are the two oblique diameters and the conjugate. The oblique diameters are drawn from the sacro-iliac symphysis of either side to a point slightly in advance of the pectineal eminence of the opposite side (Meadows). In Fig. 15, AB represents the right oblique diameter (according to the German nomenclature), and EF, the left oblique. If we apply to the inlet a piece of

card-board cut after the pattern of the elliptical outline of the foetal head, as delineated in Fig. 6, we will see that the long diameter of such an ellipse corresponds with the oblique diameter of the canal in which it is inserted, while the short diameter of the ellipse lies in the line of the opposite oblique diameter. These diameters are nearly or quite five inches

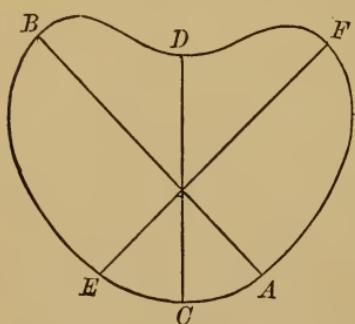


FIG. 15.

long in the normal pelvis, and are longer than any other which can be drawn in the pelvic brim, except in some cases the one extending directly across it and known as the transverse diameter. The conjugate diameter CD is

drawn from the promontory of the sacrum to the middle of the top of the symphysis pubis, and is the shortest, being about four inches in the normal pelvis. Two others should perhaps be mentioned here, which are the ones drawn across the base of each sacro-iliac arch and called the *sacro-cotyloid*.

Apart from any consideration of the doubleness of the pelvis, it is generally recognized that the head will enter the inlet with the greatest economy of space when its long or occipito-frontal diameter coincides with one of the oblique diameters of the pelvis, while its transverse or short diameter has an equal amount of room in the opposite oblique diam-

eter. At the outlet the antero-posterior or conjugate diameter extends from the under edge of the pubes to the tip of the coccyx, but a little reflection shows that it is the representative of the upper oblique diameters. Thus, if a rod be placed in the inlet coincident with the right oblique diameter, and its central point carried downwards in the axis of the right canal, its posterior extremity will traverse a line from the right sacro-iliac symphysis to the tip of the coccyx, while its anterior end will follow a similar line from a point in front of the left pectenial eminence to the centre of the under edge of the symphysis pubis, and the rod will then lie in the conjugate diameter of the outlet. For the rod, substitute a foetal head with its long or antero-posterior diameter in coincidence with the right oblique diameter of the inlet and the correspondence of the head to the right canal throughout will be entirely manifest. The same may be affirmed of the left canal, with a corresponding change of right to left, and so on.

The bony pelvis, with its ligamentous and muscular additions, does not comprise the whole of the parturient canal, but at the inferior strait begins that part of it which is made up only of the soft parts. The latter is only temporarily fitted for this use, and has no fixed calibre, axis, or diameters, which are regulated by the size and shape of the foetal head and the direction taken by it. It is enough at present to conceive of it as an elastic tube through which

the head passes after being delivered from the pelvic canal. Besides the soft parts at its termination the uterus also may be said to form a part of the parturient canal, since the child in passing out of it must have its original direction controlled to a great extent by the position of the uterus. The uterus, during labor, is not placed directly in the median line.

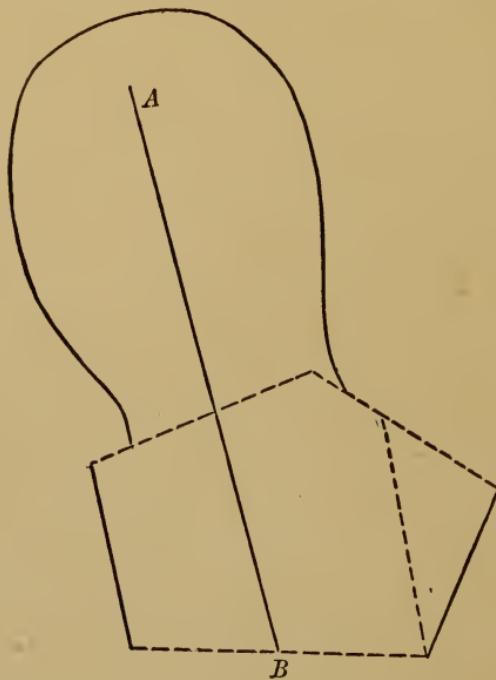


FIG. 16.

From various causes, among which the prominence of the lumbar vertebrae is conspicuous, it is somewhat deflected towards one side or the other of the median line, and in the majority of instances towards the right side. Viewed laterally the womb appears

to be situated with its axis in the same line with that of the plane of the conjugate diameter. This is the statement usually made ; but when we perceive this obliquity we recognize that this cannot be, and that the axis of the uterus in labor is in the majority of instances continuous with the axis of the initial plane of the right canal (see Fig. 16).

If, then, the child is disposed in the womb with its long axis coincident with that of the womb, it will be situated in the most favorable manner for entering the right canal. And the same might be affirmed of the left canal if the womb was in a condition of left obliquity. Since it is rarely found in this condition, and since we find clinically that the head is found with similar infrequency in relation with the left canal, we derive additional proof of the doubleness of the pelvis and of the existence of such planes and axes as have already been described.

SECTION II.

THE PROPELLING FORCES.

THE forces concerned in the mechanism are of two kinds, propulsive and guiding. The former are furnished by the contraction of the uterine muscular fibres and by the voluntary and semi-voluntary contractions of the abdominal muscles, but not exclusively. The force of the uterine contractions is communicated to the vertebral column of the child and acts primarily in the long axis of the womb. They therefore tend to propel the child in the axis of the initial plane of the right canal in the majority of instances ; or when the womb has a left obliquity in that of the opposite canal. So far as the uterus is concerned, therefore, the child tends to move through the pelvis in the direction of the line AB, in Fig. 16. The abdominal muscles transmit force in the same manner to the child, but in the median line when they act uniformly. Hence they are well designed to propel the child after it has reached the inferior strait and has finished its oblique course in the right or left canal. And as a clinical fact, we find that the action of the abdominal muscles is not, as a rule,

called into effect until the head has attained this stage. But from the inclination of the pelvis to the vertebral column, each of these forces, the uterine and abdominal, tends to propel the child to points behind the centre of the plane of the outlet. The abdominal muscles acting primarily in the axis of the plane of the conjugate diameter, impel it towards the tip of the coccyx. The uterine force tends to impel it to the same point ; perhaps a little to one side, but as far back.

These tendencies are modified by the directive or guiding forces reflected from the sides of the canal, which being spiral or screw-like in shape consist essentially of continuous inclined planes. From the pelvic outlet to the vaginal outlet the head follows a very different course, emerging from the latter in a direction which forms an acute angle with the produced axis of the plane of the conjugate diameter. It is obvious that the same force cannot act in two directions, one of which is almost the reverse of the other. There must be, then, a new force beyond the pelvic outlet acting in a different direction. This we find in the perineum.

The superficial or anatomical perineum is the space bounded between the posterior vaginal commissure, the anus, and the ischial tuberosities. The deeper structures of this area consist of certain muscles and fibrous tissue, and most important of all, the perineal body. They are placed in front of or

opposite to the pelvic outlet, constituting the floor of the pelvis. The mechanical action of the whole structure may be studied in that of its principal part. The perineal body is a stout fibrous band extending from one tuber ischii to the other. It is made of elastic fibrous tissue, and both for strength and elasticity is comparable to no other tissue of the



FIG. 17.

body unless perhaps the ligamentum nuchæ. On section it appears wedge-shaped, being inserted between the vagina and rectum at their termination, with the edge directed upwards. It extends backwards as far as the coccyx—being covered and supplemented by sundry muscles of more or less importance in this connection, but having substantially the same mechanical purpose in labor.

When the combined propulsive and directing forces have brought the head to and nearly through the pelvic outlet, it is met by the opposing force existing in the elastic resistance of the perineal body assisted by the associated structures of the pelvic floor. The latter force acts in a direction nearly opposite to the former, and the head is, therefore, directed forward in the line of the resultant of the two forces. In Fig. 17 the arrow A represents the direction in which the original forces bring the head upon the perineum : B will represent the line of the direction impressed upon the head by the perineal force alone, and C will show the resultant of the two. The important practical bearing of this will be noted in the proper place. Another force may assist in delivery, viz., gravity. The amount of force employed in truly normal labor is not great.

The following, from J. Matthews Duncan (*Researches*, p. 319), will suffice to illustrate this point : "If we regard the figure of four pounds given by Poppel as equal to the power exerted in the easiest labor he has observed, or the corresponding figure of six pounds, according to my calculations, and keep in mind that the average weight of the adult foetus exceeds either of these weights, we are led to the conclusion that in the easiest labors almost no resistance is encountered by the child ; that it glides into the world propelled by the smallest force capable of doing so ; that with the mother in a favorable position, the

weight of the child is enough to bring it into the world—a result which many clinical facts at least appear to confirm.” The same author says also : “ Having had extensive and varied experience in the use of forceps in difficult labors, and having also made some rough experiments with the dynamometer, to ascertain the power I have applied by the instrument, I regard M. Joulin’s estimate of a hundred-weight, as the maximum force of the parturient function, as too high. I do not deny that in very rare cases such a force may possibly be produced, but I am sure that it is nearer the truth to estimate the maximum expulsive power of labor (including the uterine contractions with the assistant expulsive efforts) as not exceeding eighty pounds.” In this opinion I entirely agree, believing that the extreme efforts made in some cases with the forceps are due to a misapprehension of the proper direction of force, rather than to any need for such an amount of force.

SECTION III.

THE BODY TO BE PROPELLED.

THE child for whose sake all this machinery is ordered is, when packed in the womb, of ovoid shape. At one end is the head, at the other the similarly rounded breech. Like an egg, it is natural for it to pass through the pelvis endwise, with one end or the other in advance. As the head is freely movable upon the neck and capable of considerable extension, either the top of the head or the face may be in advance. The child may also attempt to enter the pelvis crosswise or transversely. We have then four distinct methods of entrance. The part in advance at the beginning of labor is called the *presenting* part, and the area of this part inclosed by the pelvic circumference is technically called the *presentation*.

There are therefore four distinct presentations : I. of the top of the head, or vertex ; II. of the Face ; III. of the Breech, and IV. Transverse.

The vertex presents in at least ninety per cent. of all labors and is evidently the natural presentation and the one for which the pelvis is specially de-

signed. I shall, therefore, confine my remarks to this presentation, with a brief account of the second, since the others are neither strictly normal nor suited for the application of the forceps. Let us first refresh our memories with some topographical anatomy. Upon the top of the foetal cranium appears a suture, extending directly antero-posteriorly between the parietal bones, called the *sagittal* suture. At its posterior limit is a triangular membranous interval called the *posterior fontanelle* or bregma. At its anterior limit is a similar quadrilateral interval called the *anterior fontanelle*. From the posterior fontanelle a suture extends on either side, joining the occipital to the parietal bones of either side, the two being collectively called the *lambdoidal* suture. From the anterior fontanelle a suture extends in front which is practically a continuation of the sagittal, called the *bi-frontal* suture. At right angles to it proceed from each side of the anterior fontanelle, sutures joining the anterior border of the parietal to the frontal bone, which are together known as the *coronal* suture. These fontanelles and sutures are of variable size, being sometimes large and distinctly recognizable, in other cases small and indistinct. They are also more or less obscured by the covering of the hairy scalp.

During labor the sutures themselves are not so apt to be felt as the overlapping edge of bone which results from their approximation. Between the

limbs of the lambdoidal suture, an inch or a trifle more from the posterior fontanelle, is the occipital protuberance, a prominent and useful landmark in ascertaining the position of the head at times. Still more useful are the parietal protuberances situated nearly in the centre of each parietal bone. The frontal eminences similarly situated in the frontal bones are hardly to be felt except in face presentations or during the perineal stage of labor, and are not usually of diagnostic importance. The ears are scarcely ever within reach, still less the mastoid prominences. Not infrequently the small fontanelles at the postero-inferior angles of the parietal bones are within reach and are to be recognized by the extension into them of the lambdoidal suture. Certain planes and diameters are important for purposes of description. When the head is placed in a horizontal position *quoad* the body in the erect posture, a plane drawn transversely through the occipital and parietal protuberances will present an elliptical outline as already delineated in Fig. 6. This plane may be called, from its long diameter, the *occipito-frontal*, the latter line extending from the occipital protuberance to a point, in the bi-frontal suture. The transverse diameter is drawn from one parietal protuberance to the other, and is called the *bi-parietal*. It will be observed that this outline is not a perfect ellipse, the transverse diameter being behind the centre, though this irregularity is less

marked in the living head than in the dried skull. The *occipito-frontal* diameter measures on an average a little more than four inches in length, the bi-parietal about three and a half inches.

If the head is partially flexed, a similar transverse plane passing through the parietal protuberances will extend through the occipital ridge, or nape of the neck, and the apex of the forehead, and may be called the plane of *demi-flexion*. Its outline will be almost exactly elliptical ; the transverse diameter being the same as in the preceding plane, viz., the bi-parietal, and its long diameter, the *cervico-frontal*, will be a little less than four inches. If the head is completely flexed, as when the chin rests upon the breast, a similar plane drawn through the parietal protuberances will pass through nearly the same point posteriorly as in the last plane, viz., the nape of the neck a little below the occipital ridge ; and its anterior limit will be in the posterior margin of the anterior fontanelle. Its outline will be nearly circular, for while the transverse diameter is still the bi-parietal, its long diameter, the *cervico-bregmatic*, is also three and a half inches long. This plane may be called the *plane of complete flexion*. Its circular outline is an important fact to bear in mind.

The conclusion is now apparent that flexion of the head reduces the outline which it presents to the pelvic passages. It is of interest to note the relative position of the fontanelles during these changes.

When the occipito-frontal plane is horizontal the anterior fontanelle appears nearly in the centre of the elliptical area above the plane, while the posterior fontanelle is very near its posterior margin. When the head is in demi-flexion the fontanelles appear very nearly in the foci of the ellipse, and in complete flexion the posterior fontanelle occupies the centre of the circular area presented, while its fellow has disappeared from view in front.

The outline of the foetal head is still further capable of being diminished by the overlapping of the parietal bones, either by compression due to the small size of the pelvic canal, or artificially by the forceps. The bi-parietal diameter can be lessened from a half inch to a full inch by such compression. Not only can these diameters be compressed and shortened by these agencies, but the entire shape of the head may be changed by a process of moulding during the process of expulsion.

The face of the child offers little to detain us at this point. It is also of rather elliptical outline, having a long diameter, the *fronto-mental*, which extends from the chin to the top of the forehead ; and a transverse diameter, the *bi-malar*, which extends from one malar bone to the other. But these are so much smaller than the diameters which lie behind them in the head, that the face evidently offers no difficulties *per se* in delivery. The real difficulties are due to the manner in which the bulkier posterior

portion of the head and the body are made to enter the pelvis when the face presents, and this can be better described in connection with the mechanism of labor in this presentation.

The *body* of the child exhibits upon transverse section an elliptical outline in its entire extent, and especially at the level of the shoulders and breech. As has already been noted, the long diameters of such sections are at right angles to the long diameters of similar sections of the head, and from the fact that the foramen magnum is situated behind the centre of the head, the body tends to follow the head a little behind the central axis of the head.

SECTION IV.

THE MECHANISM OF DELIVERY.

SINCE there is an evident correspondence between the pelvic canals and the head in their outline, it is a natural inference that the occipito-frontal plane of the head may enter either the right or left canal, and in two ways : with its occipital extremity either in front or behind. Clinical observation is usually in advance of theoretical knowledge, as is conspicuously shown by the fact that all recent writers agree in admitting but four positions of the vertex. And yet, while the pelvic brim is considered as having an "irregularly oval outline," there is no obvious objection to the eight positions of the earlier authorities, or indeed to any number whatever. It is only when we find that it is of singularly regular outline, by analyzing it, that we are compelled to see a theoretical reason for the already clinically observed fact.

I. THE VORTEX.

The nomenclature of these positions is founded on the position of the occiput, which will be situated on one side or the other and in front or behind. They are as follows :

1. Left occipito-anterior.
2. Right occipito-anterior.
3. Right occipito-posterior.
4. Left occipito-posterior.

1. THE FIRST OR LEFT OCCIPITO-ANTERIOR POSITION (L. O. A.) is the most frequent, occurring in at least seventy per cent. of all positions of the vertex. The reasons for its prevalence are to be found in several combined causes. The folded-up attitude of the child *in utero* requires that its back shall be turned towards the mother's front. The prominence of the vertebral column and more especially the sacral promontory, will determine the position of the occiput on one side or other of the median line. Since the long axis of the child is correspondent with that of the uterus, its head is placed directly over the initial plane of the right canal, owing to the usual right obliquity of the uterus. Also the right canal is actually a little larger than the left, and the latter contains under the left sacro-iliac arch the rectum, which still further diminishes its size. This is therefore the most natural and favorable of all the positions.

At the beginning of labor the head in this position is placed with its occipito-frontal plane coincident with the initial plane of the right canal. The occipital protuberance is opposite a point in front of the left acetabulum ; the bi-frontal suture is in front

of the right sacro-iliac symphysis, and the right parietal protuberance is opposite a point over the right obturator foramen towards its inner edge. The left parietal protuberance is not opposed to any point of the pelvic circumference, but is in the free space in front of the left sacro-iliac symphysis. The occipito-frontal diameter is therefore coincident with the right oblique diameter of the pelvis. The head is obliquely situated with reference to the plane of the conjugate diameter, one side of the head being below and the other above that level. This fact was first noticed by Naegele, but stated too generally, since this obliquity frequently and indeed usually disappears in the succeeding stages. For as soon as the uterine efforts become at all effective, the head undergoes a compound movement by reason of which its synclitism with the initial plane of the right canal disappears, and therefore its obliquity to the plane of the conjugate diameter, while another head plane than the occipito-frontal is made to engage by means of flexion. The cause of this movement is to be found principally in the unequal resistance offered by the pelvic walls. The right parietal protuberance is directly applied to the anterior pelvic margin, while the left is entirely free, and the same may be said of the entire right and left sides of the head, the protuberances being cited merely as the more prominent parts. If the size of the head and the calibre of the right canal are at all equal and the fit is tight, the

right side of the head will meet with considerable resistance to its onward motion communicated from the uterine forces, and will, therefore, be arrested, while the left side, being untrammelled, will descend. There will result a lateral flexion of the head, which will bring the occipito-frontal plane synclitic with the plane of the conjugate diameter.

If the abdominal muscles are called into action at this time, they will by their compression tend to force the uterus backwards and so deflect its axis as to still further impel the head against the anterior pelvic walls, which will also assist in bringing about this lateral flexion and the resultant synclitism. This synclitism is in reality an obliquity of the foetal planes to the transverse planes of the right canal, and continues throughout the further progress of the head, being indeed necessary when the head has reached the inferior strait. Before that point it does not invariably occur. The relative size of the head may be small, and it may continue in exact relations with the successive planes of the right canal throughout, as was practically the teaching of Naegele. But inasmuch as the head is usually large enough to offer an appreciable amount of resistance, the synclitism of the presenting plane of the head with the artificial planes of the pelvic cavity is the rule rather than the exception. This has led Cazeaux, Hodge, Leishmann, and others to entirely combat the obliquity of the head at any time, which is an error in the oppo-

site direction, since it must originally exist from the manner in which the head enters the inlet.

A similar cause to that which determines the lateral flexion of the head brings about at the same time flexion proper, or the movement of the chin towards the breast. Although the right oblique diameter with which the occipito-frontal is coincident is five inches long in the bony pelvis, the soft parts so diminish the size of the canal that some lessening of the head outline, especially in its length, is usually necessary. The head may be regarded as a lever attached to the vertebral column as a fulcrum. The resistance which it encounters causes the anterior part of the head, which is the long arm of the lever, to be flexed towards the chest. Also, the occipital end of the head is in the anterior and roomy part of the pelvis, and thus more free to move than the frontal end, which is cramped by the narrower dimensions of the right sacro-iliac arch.

This flexion continues until the head presents an outline small enough to pass readily, which usually happens when the plane of demi-flexion has become coincident with the plane of the conjugate diameter, or, to speak more accurately with a plane parallel to the latter, but a little lower in the pelvis. If the plane of demi-flexion presents too large a circumference, flexion continues until complete. If then there still remains any disproportion between the head and pelvis, the force is exerted upon all the diameters of

the head, which is diminished in size by a general compression. From this results what is known as the moulding of the head, which so rearranges its shape that its original outlines are entirely changed and it becomes cylindrical. This, if successful, is continued until the diameters of the head correspond to those of the pelvic canal. I believe that this head-moulding often occurs at an earlier stage from a failure of the head to properly undergo flexion, and that a thoroughly flexed head is rarely in need of any further diminution of its outline. Ordinarily the plane of demi-flexion will have a sufficiently small circumference, and the head is then ready to descend.

The flexion of the head may and generally does occur before the os uteri is fully dilated. When this is completely effected the head at once descends with the plane of demi-flexion constantly synclitic with the successive artificial planes of the pelvic cavity. As it descends, it simultaneously rotates upon its axis, the occipital protuberance coming nearer and nearer to the median line in front and the bi-frontal suture similarly approaching the median line behind. The course of the head is at first downwards, backwards, and inwards, following spirally the course of the axis of the right canal. The backward direction is soon changed to a forward one as it descends, but is important while it lasts. Mechanically speaking, the uterine force is reflected from the pelvic walls so as to guide the head and induce this result. All parts

of the pelvic wall share in guiding the head, but the right ilio-sciatic line is especially effective. The right parietal protuberance is constantly in advance of this line, which has therefore a similar action to the rifling in a gun-barrel. The left parietal protuberance is remote from the left ilio-sciatic line, and crosses it during the movement of rotation before it is brought into very close relations with it. The rotation of the head ceases when it reaches the inferior strait, with the parietal protuberances in front of the ischial spines and its antero-posterior diameter in the median line, the plane of demi-flexion being completely coincident with the plane of the outlet. The ischial spines, which are the continuation of the ilio-sciatic lines, are usually more projecting than any other part of the latter. The inferior strait is therefore well named, being the narrowest part of the pelvis as well as the end of the double tube.

A slight delay is apt to occur here, during which the movement of flexion is continued, if necessary, until the plane of complete flexion becomes coincident with the plane of the outlet, after which the propulsion of the head is resumed. The subsequent course of the head is through the single tube formed by the soft parts, and might with propriety be set apart as a distinct stage of labor—the perineal stage—since a new force is here called into operation.

Before describing it, I will call attention to a few

points in which the foregoing account differs from the received teaching upon this subject. Hodge, whose exposition of the mechanism of labor is the most complete extant, states* that the central portion of the child's head describes in its descent the axis of the general pelvic cavity. This axis extends centrally through the pelvis downwards and backwards (afterwards forward), following the curve of the sacrum. The axis of the right canal, in which it is here asserted that the centre of the child's head moves, extends spirally downwards, backwards, and inwards. If a piece of card-board be cut out, of elliptical outline, similar to the outline of the occipito-frontal plane, or the plane of demi-flexion, and applied to the pelvic inlet, so that its long diameter corresponds to the oblique diameter as already described, the centre of the ellipse will be found to be at quite an appreciable distance to the right of the median line. But if the ellipse is placed in the pelvic outlet in the same manner as the head occupies it during labor, its long diameter, and therefore its centre, will be exactly in the median line. Therefore in moving from the superior to the inferior strait the centre of the head moves towards the median line, or inwards, as does the axis of the right canal.

As a necessary concomitant or preliminary to this inaccuracy of the existing doctrine, some vagueness of expression concerning the true position of the

* System, p. 30.

head at the inlet will be found, for if the latter had been accurately noted, it would at once have been manifest that the head does not occupy the inlet centrally. The same author states,* "In the first position of the vertex, after flexion has been perfected, it is strictly correct to say that the nape of the neck, or sub-occipital region, is opposite the left acetabulum, and the anterior fontanelle to the right sacro-iliac symphysis; while the right parietal protuberance is to the right acetabulum and the left to the left sacro-iliac symphysis." These four points, the parietal protuberances, occipital protuberance, and anterior fontanelle, are about equidistant. A head which has its occipital protuberance opposite one acetabulum and its right parietal protuberance opposite the other acetabulum, would, if finished upon the same magnificent scale, be difficult to place in the human pelvis. The correct position is stated on pages 46-47.

The importance of accurate discrimination in these points will be more apparent in connection with the application of the forceps. It is sufficient to note here that the head, not being placed centrally, leaves quite a large free space in front of the left sacro-iliac symphysis.

As the head passes through the inferior strait, and even a little before, it begins to encounter the resistance of the pelvic floor, against which it is pro-

* Op. Cit., p. 148.

elled. This brings to bear upon it the force described at page 37. Assuming that complete flexion has taken place at the outlet, as is customary, the plane of complete flexion is coincident with that of the outlet. As the head is propelled forward in the line of the resultant of the two forces, the plane of complete flexion continues to maintain its coincidence with the successive transverse planes of the parturient passage. The flexion of the head is, however, not kept up, but extension occurs progressively during the remainder of its course.

The movement of extension is readily seen to be somewhat different in its results from the mere reversal of flexion. This is due to the different circumstances under which the movements take place. Flexion at the inlet resulted in bringing new planes of the head in relation with the pelvic planes, and the same is true throughout the pelvis. But the extension which occurs after the passage of the inferior strait has no such displacing effect, the cervico-bregmatic diameter continuing to coincide with the antero-posterior diameter of each successive plane of the passage. Extension occurs because of the great curvature of the canal at this point, which takes a direction almost opposite to that of the bony canal. This necessitates a bending of the projectile upon itself, since the body cannot at once be dragged down with the head. This movement keeps the smallest attainable outline of the head in relation with the

vaginal tube. The sub-occipital region remains under the sub-pubic arch, while the forehead and face sweep over the perineum. The perineum becomes greatly distended and changes its shape. It is, as before noted, wedge-shaped or triangular upon section, the apex of the triangle being at the verge of the anus. As the head glides upon and over it the apex of the triangle moves forward and a large portion of the anterior wall of the rectum is added to the perineal surface.

It is very necessary to remember this forward motion of the perineum in any attempts to assist the natural mechanism. As the head escapes from the vulvar orifice the perineal tissues retract to nearly their original condition, chiefly by reason of their inherent elasticity, aided somewhat by the action of the transverse muscles of the perineum. The vulva will then embrace the child's neck, while the head, released from the tube, is again flexed. So far as the forceps are concerned, we might here suspend the account of the mechanism of labor, but for the sake of completeness and for the light which may be thrown on the foregoing stages, we will continue it. At the moment of birth the head was propelled almost vertically upwards (the woman being upon her back), while the body remains behind and in a general way at right angles to the long diameter of the foetal head. Hence the flexion or dropping of the chin when the head is born. A lateral movement is also

described, called restitution, in which the head turns obliquely after birth, with the occiput in front and to the left, as when at the inlet.

This is of little importance, nor does it always occur, since it depends upon the manner in which the body conforms to the mechanism by which the head was delivered. As the head passes the inferior strait the shoulders enter the pelvis if the neck is of its ordinary length. As already noted, their proper method of entrance is with their long or bis-acromial diameter coincident with the left oblique diameter of the inlet, and their elliptical outline in connection with the beginning of the left canal. This is the natural provision ; after which they descend in that canal, rotating in the opposite direction to that which the head followed. After the delivery of the head they arrive at the inferior strait with their long diameter in the median line and the right shoulder in front. Circumstances cause this mechanism to be often varied from. The mobility of the neck and its varying length do not render it absolutely necessary that the shoulders should follow the rotatory movements of the head or be affected by them. *Per contra*, the shoulders may be prematurely and unduly influenced by the head rotation. Hence, when the head has assumed its directly antero-posterior position at the inferior strait the shoulders may have been compelled to engage in the inlet with their long diameter directly transverse and thus out of relation

with either canal. Since they have not the solid and comparatively unyielding organization of the head, there is less need for their conforming strictly to the requirements of the passage, and they may, under these circumstances, be dragged or pushed through the pelvis, without any reference to the separate canals, until they reach the inferior strait. Here the bis-acromial diameter will prove too long, under any ordinary compression, to pass through the strait in coincidence with the transverse diameter of the strait, and the shoulders must rotate as they would have if they had started right in the first place. It will be to a great extent a matter of accident whether they rotate so as to bring the right shoulder in advance, as it would have been after descent in the left canal, or the left shoulder, as would occur after the descent in the right canal.

But if the former occurs, the back of the child being directed to the left side, the free head will have its occiput turned towards the left, and in the latter case, the child's back being to the right the occiput will also turn towards the right. It is not, therefore, proper to say that observance of the direction in which the movement of restitution is made will show us what the original position of the head at the inlet must have been. Very generally the shoulders observe the natural mechanism and the bis-acromial diameter becomes coincident with the left oblique diameter of the inlet with the right shoulder

in advance. If the outline of the shoulders is not unduly large this relative position of shoulder and pelvic outline is maintained until complete delivery. A plane passing transversely through the shoulders continues to be synclitic with the successive planes of the parturient passage until at the vulvar outlet it is expelled. The right shoulder remains stationary at the sub-pubic arch, while the left shoulder sweeps over the perineum. Where the shoulders are a little larger than common, the plane just mentioned becomes oblique from the moulding of the shoulders, so that the left or posterior shoulder is crowded in advance of the right shoulder and maintains this position throughout, arriving at and passing through the vulvar outlet before the right shoulder instead of simultaneously escaping. Or it may happen that in the moulding process the right or anterior shoulder obtains precedence.

Opinions differ as to which of the two is the natural course, and probably from a want of sufficiently numerous and accurate observations. Where it is desirable to have exact knowledge, as when we attempt to aid the process artificially, there are reasons for preferring the prior delivery of the left or posterior shoulder. Such an occasion often presents itself. The delivery of the head is frequently followed by a more or less temporary cessation of uterine contractions. Under such circumstances the child may be in danger of asphyxia from pressure upon the

funis, if the body is large or the funis wrapped around the neck, so that an immediate delivery of the shoulders by the physician is to be recommended. If the posterior shoulder is made to keep in advance, a shorter diameter than the bi-acromial is permitted to coincide with the antero-posterior diameter of the tube, and a smaller outline being presented the perineum is less distended. This is true whichever shoulder is in advance, but the posterior is usually more accessible to the finger and more easily drawn down. Also, if the posterior shoulder is first delivered, the sharp projection of the shoulder is made to pass over the perineum before the full bulk of the body becomes engaged with it, and is therefore less likely to make a rent in that structure, as so often happens. The rest of the body follows the shoulders at once, being too small as a rule to bear any definite relation to the pelvis. Occasionally the breech is large enough to fit quite closely when, being of similar outline to the shoulders, it observes the same mechanism.

To recapitulate. The head in the first position of the vertex enters the pelvis with its occipito-frontal plane coincident with the initial plane of the right canal, and therefore oblique to the plane of the conjugate diameter. Its *first* movement is a compound lateral and forward flexion, which brings the plane of demi-flexion in coincidence, not with the initial plane of the right canal, but with a plane paral-

lel to that of the conjugate diameter, while at the same time its outline is diminished. Its *second* movement is rotation during descent, the former bringing the occiput gradually in front while the centre of the head moves spirally in the axis of the right canal. At the inferior strait the flexion is, if necessary, continued until, if not before, the plane of complete flexion is made to coincide with the plane of the outlet, the occipital end being directly in front. This relative position continues while the head undergoes a *third* movement, of extension, during the rest of its course, being expelled from the vulvar outlet in a state of complete extension, but with the cervico-bregmatic diameter still at right angles to the axis of the tube. Next the shoulders, having engaged in the left canal, rotate as they descend ; arrive at the inferior strait with the right shoulder in front, which is detained under the pubes until the posterior shoulder sweeps over the perineum, and so out, when the rest of the child promptly emerges. During the perineal stage the head moves in a direction almost completely the reverse of its direction at starting.

This mechanism may be clinically verified in many cases. At the outset of labor, when the os uteri is but partially dilated, and the bag of waters uniformed, and the head resting loosely at the inlet, a careful examination will show it to be situated as follows : The posterior fontanelle will be almost in-

accessible, being at or above the ilio-pectineal line, opposite a point in front of the left acetabulum. The right branch of the lambdoidal suture will also be difficult to reach, extending from the posterior fontanelle in a direction nearly parallel to the top of the os pubis, and ending in the small fontanelle at the postero-inferior angle of the parietal bone. If the head is still oblique this fontanelle can be felt, and if the head is not unduly large even the ear may also be detected in its neighborhood. But if the contractions of the uterus have already forced the head into a parallelism with the plane of the conjugate diameter they will be entirely out of reach of an ordinary examination at this stage of the labor. The sagittal suture will be felt extending first downwards from the posterior fontanelle and then obliquely backwards towards the right sacro-iliac symphysis, thus having the same general trend as the long diameter of the initial plane of the right canal. The right parietal protuberance will be felt at or below the level of the pectineal line opposite a point to the right of the pubic spine and in a line which, vertically drawn, would pass through the obturator foramen near its inner edge. So far as the finger can determine, the central part of the presentation is midway between the parietal protuberance and the sagittal suture or thereabouts. And yet from the description it is evident that the centre of the presenting part must lie in the sagittal suture and not to one

side. This apparent discrepancy is due to the curvature of the pelvis, so that the horizon of examination, as we may call the limit of the area within reach of the fingers, differs from the horizon actually present at the brim. The arguments as to the position of the head, based upon the location of the caput succedaneum which forms during the arrest of the head at the inlet, are of doubtful value.

Carefully observed and recorded instances are wanting, as is admitted by Matthews Duncan ; and, until we have more exact facts, reasoning upon theoretical principles is fallacious. If I might venture a hypothesis, it would be that the caput succedañeum forms in front of the centre of the presentation for reasons similar to those which cause the anterior lip of the womb to become œdematous in preference to any other part of the cervical rim.

As soon as synclitism takes place, the right branch of the lambdoidal suture ascends above the os pubis, becoming inaccessible until flexion and the descent of the occiput bring it again within reach. This may happen synchronously, in which case it does not ascend, but in either case its direction will be changed and it will no longer be parallel with the top of the os pubis. The posterior fontanelle becomes more and more accessible with each degree of flexion. As rotation and descent proceed it becomes more centrally situated, being nearer the median line as well as lower in the pelvis. The left branch of the lambdoidal suture

becomes apparent as soon as the head begins to rotate, and even before, to some extent, when the head is well flexed. The right parietal protuberance recedes almost directly backwards and to the right side, and when the head has reached the inferior strait each protuberance may be felt with some difficulty exactly opposite to each other, while the posterior fontanelle occupies the median line; in the centre, if the head is completely flexed, a little above or in front, if flexion is less complete. At this time the sagittal suture extends directly backwards, the two branches of the lambdoidal suture extending from it above like the arms of the letter Y. This adjustment of parts to the pelvic tube is continued throughout the remainder of the labor. The occipital protuberance, being in advance of the fontanelle, appears first at the vulva, and as the latter orifice is enlarged the rest of the presentation is gradually uncovered until the parietal protuberances are exposed, when the head slips out.

The compound flexion, rotation, and extension are easily observed and verified in the succession of events, but the inward motion of the head is difficult if not impossible to appreciate by direct observation. The distance travelled is short, especially in front, where our observation is mainly directed. The occiput also rotates in an opposite direction to the course which the centre of the head travels, which further obscures the problem. But although it cannot be

directly traced with the finger, it is evident enough from the conformation of the pelvis, and receives further corroborative proof during the use of the forceps.

Variations from this mechanism may and do occasionally occur, and are of some practical importance. They may be said to consist in either an exaggeration or deficiency of some of the natural processes. Thus, a want of sufficient flexion at the inlet may cause a long delay at the inferior strait, while this defect is being remedied, or the head may fail to engage at all, for the same reason. Flexion may be too great, or rather extension may fail to occur at the proper point, causing delay in the perineal stage. A misapplication of the propulsive force may interfere with rotation, or the head, being unusually small, may descend obliquely throughout, and even be born in that manner. Other variations arise from a disproportion between the head and pelvis, from a want of elastic force in the perineum, or from other organic causes. But where the head and pelvis are each normal and proportionate there is seldom any deviation from the above-described process.

The time occupied in the movement of the head through the pelvis varies in the same individual even, from different circumstances. Normally, in multiparæ, ten or fifteen minutes suffice, after full dilatation of the os, to complete the delivery of the child. In primiparæ, from a half hour to an hour and a

half is usually required, one half of which time is consumed in the perineal stage. Where the propulsive force is of ordinary strength these limits are rarely exceeded, and if they should be in any case, the cause for the delay should be carefully determined and if possible removed. The amount of delay which should be regarded as demanding instrumental interference will be discussed in a subsequent chapter.

2. THE SECOND OR RIGHT OCCIPITO-ANTERIOR POSITION (R. O. A.) of the vertex is less frequent than the first, for reasons already assigned, occurring perhaps in ten per cent. of all positions of the vertex. It is possible that it is frequently only a stage of the third position, as will be mentioned under that head, which was the view taken by Naegele in all cases. It theoretically offers more difficulties and is more apt to need assistance than the first position, from the comparative smallness of the left canal and the encroachment of the rectum. So far as my own observations extend this is perceptibly true, but the difference is not great. It follows precisely the same mechanism as the first, with its direction of motion reversed, and the description of the former mechanism will answer as well for it, substituting throughout the account "right" for "left" wherever needed. In this position the occipito-frontal plan coincides with the initial plane of the left canal at the beginning of labor. The head then descends in that

canal, its centre following the axis of the left canal until the point of fusion at the inferior strait is reached, when it proceeds in the same course and manner as the first does, during the remainder of its course. Where there is any difference in the mechanism, it usually consists in a longer delay at the inlet at the beginning until flexion is absolutely complete. The shoulders descend in the right canal as a rule, and are more apt to observe a uniform mechanism than in the first position because they are naturally placed in the more roomy canal. These two occipito-anterior positions are the only ones in which labor can strictly be called normal. The pelvis is evidently constructed with a special design for such a mechanism, and although other positions and presentations have often an uncomplicated and easy termination, they all have some elements which are apt to give trouble and which show that they are exceptional.

3. IN THE THIRD OR RIGHT OCCIPITO-POSTERIOR POSITION OF THE VERTEX (R. O. P.) the head occupies the right canal as in the first position, but with its occipital end reversed. It is more frequent than the second position, for some of the same reasons which determine the prevalence of the first, and occurs in about seventeen per cent. of all positions of the vertex. At first sight there appears to be no reason why the same mechanism will not answer for both anterior and posterior positions. If the calibre

of the tube is elliptical in outline it might be supposed that the similarly elliptical outline of the head might descend in whichever way the ends might point, whether in front or behind.

For several reasons, however, the mechanism is quite different. The principal cause of this is to be found in the manner in which the head is joined to the body, the point of attachment being towards the occipital end, instead of in the centre of the head. This causes the propulsive force, which is transmitted through the vertebral column, to act in a line too far back in the pelvis. The parietal protuberances are also placed on the wrong side of the ilio-sciatic line. To which we may add that the occipital end of the head is, if not larger, at least more firm and resistant than the anterior. The effect of these conditions will be best understood by observing the course of the head.

Four methods of delivery are possible in this position ; and yet, in spite of this variety, nature is often incompetent to complete the task. The method usually regarded as the most common one is as follows :

a, First, Mechanism.—At the beginning of labor the head is placed with the occipital protuberance opposite the right sacro-iliac symphysis ; the anterior fontanelle opposite a point in front of the left acetabulum ; the left parietal protuberance is in front of the beginning of the right ilio-ischiatic line, and in close

relation with it ; the right protuberance is just to the left of the sacral promontory. The occipito-frontal plane is coincident with the initial plane of the right canal, so that the head is obliquely placed as in the first position, but in the contrary direction, the left side of the head being lower than the right. The first effect of the uterine contraction is, as before, to remove this obliquity and bring the occipito-frontal plane into parallelism with the plane of the conjugate diameter. Flexion is also coincidentally instituted, but with a modification of its effect. If the occipital extremity of the head impinges closely against the right sacro-*sciatic* arch, which is usually the case, flexion has a tendency to bring the vertebral column of the child still further backwards in the pelvis and to wedge the head in the chord of the arch—*i.e.*, in the right sacro-cotyloid diameter (CD in Fig. 20). The bi-parietal diameter is too large to be so disposed of, and therefore the resistance of the ends of the arch, viz., the promontory and an opposite point in the right ileo-pectineal line, throw the head forward. Flexion has, in itself and apart from the direction of the force, a tendency to throw the bi-parietal diameter forward and nearer the central line, and this operates also to make the head clear the narrow space in which its occiput would otherwise be detained.

If a comparison is made between the outline of the head and pelvis it becomes apparent that without

this forward movement of the head there would be a permanent arrest at this point, since the bi-parietal diameter would lie, not in the left oblique diameter as in the first position of the vertex, but in the chord of the *sacro-sciatic* arch, which is always smaller than this diameter. The disadvantage of having the propulsive force transmitted so far back in the pelvis is therefore considerable. Flexion having continued until this difficulty is obviated, the head descends in the right canal with a spiral rotation in the axis of that canal, the occiput becoming more and more posteriorly situated, until it nears the inferior strait. At this level it encounters such an outline as is represented in Fig. 18, in which A and B

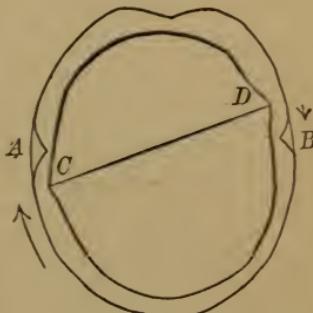


FIG. 18.

mark the position of the ischial spines, and the oblique line CD the bi-parietal diameter of the head. The arrows show the direction in which it is rotating. Now, at either end of this diameter are the parietal protuberances, and to complete posterior rotation and bring the occiput fairly in the sacral concavity, the protuberances must ride over the ischial spines or the ilio-ischial lines just above them. This is not feasible if the proportions between the head and pelvis are at all close. Therefore, the bi-parietal diameter must beat a retreat and occupy the

position it takes in the second position at this stage, where, from the fact that the ischial spines are back of the central meridian of the pelvis, only one of the protuberances has to cross the ilio-ischial line, and that not in a close relation. In other words, although the canals are nearly identical here, there must be a transfer of the head from the right to the left canal.

Since an ellipse cannot be turned within its own circumference, flexion must persist until the circular outline of the cervico-bregmatic plane has been reached, and then it is possible for the head to rotate from the right to the left canal. In so doing, the previous motion is simply reversed and rotation con-

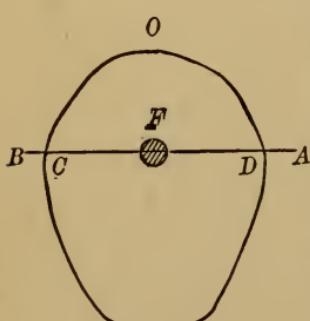


FIG. 19.

tinued until the occiput is brought in front and the head placed precisely as in a right-occipito-anterior position of the vertex after it has reached the inferior strait. This is accomplished mainly by the action of the shoulders. The elliptical outline of the

shoulders was found to have its long diameter at right angles with that of the head. If in Fig. 19 the long diameter of the shoulders, AB, is placed over the biparietal diameter, CD, where it actually falls, its ends would project decidedly beyond C and D ; therefore, in applying such an outline to that of the inlet, Fig.

20, the shoulders will be evidently seen to extend beyond the limits of the chord of the arch CD. And if the bi-parietal diameter was too small to remain in that relation, much more will the shoulders be deflected elsewhere.

In the great majority of instances the shoulders will be thrown to the right of the vertebral column, since the right shoulder will impinge upon the vertebral column just above the promontory of the sacrum. They are

therefore forced to enter the right canal with the back of the child antero-laterally placed instead of entering the left canal, which at first sight appears more natural. This brings the long diameter of the shoulders parallel to the antero-posterior diameter of the head while the latter is rotating posteriorly about half way between the inlet and outlet, and the neck is thereby twisted through an arc of 90° . This involves tension of the neck, and therefore the development of an untwisting force, which becomes constantly greater, for as the head attempts to rotate posteriorly, the shoulders being stationary at the brim will cause it to be resisted, and as soon as the head offers a circular and turnable outline, the untwisting

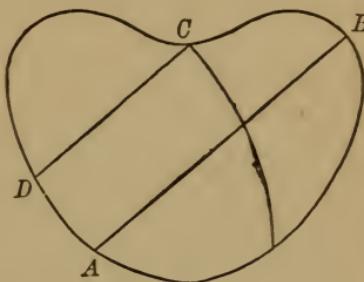


FIG. 20.

A B, line in which the shoulders fall in anterior position.

C D, line in which the shoulders fall in posterior position.

force, added to the uterine efforts, accomplishes anterior rotation, and the head enters the inferior strait with the occiput in front. It is probable that the oblique direction in which the uterine force is transmitted tends to promote rotation at all times. This is at least worthy of investigation. A slight variation of this mechanism is occasionally observed in which posterior rotation does not continue until so low a level as the inferior strait, but flexion is either completed at the brim or completed synchronously with descent, anterior rotation also occurring gradually throughout. By this commingling of the steps the head is already rotated anteriorly or nearly so, by the time the head arrives at the inferior strait.

b, *The second mechanism* consists in anterior rotation of the occiput at the inlet and an immediate conversion into a second position (R. O. A.), at that point. It is generally believed that the first mechanism is the most common, but, as already stated, Naegele attributed all second positions of the vertex to this second method. With existing data it is impossible either to prove or disprove the allegation, and hence we may properly classify the positions as when we first see them, otherwise this would be the most frequent method of delivery in this position, the R. O. A. being entirely discarded. Its occurrence is favored by the large size of the head and a delay in flexion. In such case, the disproportion will be too great to allow the occiput to descend at all while pos-

teriorly placed, and it is therefore forced anteriorly in the only direction in which it can enter. The position of the shoulders has also much influence upon it. If the child, *in utero*, is so placed that its back looks to the right side of the mother, it is obviously a matter of indifference whether the occiput is turned in front or behind; but if the child's back is turned directly forward the occiput must of necessity come forward also, sooner or later, if there is much resistance at the beginning of its descent. The forward turning of the body, when originally placed nearly in the antero-posterior line, may be due to the uterine contractions, voluntary movements of the foetus, or a change of position of the woman, which involves pressure of the abdominal muscles upon the child through the uterine walls. It is the most favorable mechanism and the one to be brought about artificially, if possible. After its accomplishment the head proceeds as in the second position.

c, The third mechanism consists in continuous posterior rotation, the occiput remaining posterior throughout the whole delivery. Where there is a great want of correspondence between the head and pelvis, due to the smallness of the former or largeness of the latter, the head may descend with the occiput posteriorly or in any other way, like a shot in a musket-barrel. But in cases where a more exact proportion exists, a definite and distinct mechanism is observed. The head descends in the right canal as in

the first mechanism, until it reaches the level of the ischial spines when, instead of anterior rotation occurring, the occiput rotates posteriorly. This is effected by great compression and moulding of the head, so as to diminish the prominence of the parietal protuberances. If the shoulders are placed transversely at or above the inlet, with the back squarely to the mother's back, posterior rotation must occur or none at all. The head is therefore arrested and moulded by the propulsive force until its bi-parietal diameter is sufficiently reduced. Usually complete flexion first occurs with an abortive attempt at effecting the first mechanism. When the ilio-sciatic lines or the parietal protuberances are of average prominence this is a tedious performance, consuming much time, strength, and patience ; neither are the natural efforts always adequate. When posterior rotation is complete the head is placed in the outlet with the cervico-bregmatic plane coincident with the plane of the latter and the occiput directly posterior. The disadvantages of the position accumulate as it attempts to proceed. The manner in which the vertebral column is attached to the head causes the propulsive force to be transmitted behind the centre of the head and pelvis alike. The greater the flexion, the nearer the foramen magnum is to the occipital end of the head, and hence the line of force transmitted by the vertebral column to the condyle on each side of the foramen is thrown backwards by

flexion. The head is therefore forced against the end of the sacrum, or at best against the base of the coccyx, and the secondary force originating in the pelvic floor cannot so well reach the head to impel it forward. The uterine force must then be spent in moulding the head until it is long enough to reach to and be affected by the perineum. The occiput remaining stationary the head is cylindrically moulded so that the cervico-bregmatic plane is thrown in advance of the outlet and a new plane made to take its place, not by an extension of the head, but by its being compressed into a longer shape. After a time, if the head is compressible, and the force holds out, the head becomes long enough to be acted on by the perineal force, and is then conducted to the vulvar outlet and expelled. Where from the small size of the head and body this moulding is unnecessary, the cervico-bregmatic plane continues to occupy the same position as in the case of the L. O. A., but with the occiput behind, and is so expelled, the forehead gliding under the sub-pubic arch. The perineum is in more danger of laceration from this mechanism than from any other ; since the propulsive force is directed so far back upon it, that it may be said to attack it in the rear. The occiput is also more pointed than the forehead, and more apt to make a rent during its transit. This is, then, an unnatural mechanism, even when spontaneous, and is to be prevented if possible.

d, A fourth termination exists, rarely witnessed, but which may be taken advantage of in some cases to the great benefit of the perineum. In this the mechanism is precisely the same as in the third method, until the head is completely beyond the inferior strait, and resting on the perineum with the anterior fontanelle within the lips of the vulva. At this point anterior rotation may take place, the head rotating around the axis of the cervico-bregmatic diameter, from left to right, until the sub-occipital region is brought under the symphysis pubis. It is then an occipito-anterior position, and is expelled as such. This was noticed to occur spontaneously by Cazeaux* in one instance, and in another I have brought it about by manipulation.† It likewise is probably due to the influence of the neck and shoulders. If the child's back is directed anteriorly, the untwisting force of the neck may be resisted while the head is in the bony pelvis, but whenever it has escaped from it into a tube which is dilatable in more than one direction, this force becomes irresistible, and whirls the head around with the occiput in front. Even when the shoulders descend with the back posteriorly, the untwisting force may be considerable after they have advanced to any extent in the pelvis, though rarely enough to effect anterior rotation.

* "Midwifery." Edition 1869, p. 367.

† "American Journal of Medical Science," January, 1877.

Clinically, the third position of the vertex may be observed as follows : At the beginning of labor the anterior fontanelle, or its posterior edge, may be felt in front of the left acetabulum, or about in the same position as the posterior fontanelle occupies in the first position. It may usually, but not always, be distinguished from the latter by its large size and quadrilateral shape. The sagittal suture is found extending diagonally to the right in the same fashion as in the first position. There is also a suture extending from the anterior fontanelle corresponding to the right branch of the lambdoidal suture, viz., the coronal, but it is more accessible at the beginning of labor, though also nearly parallel to the top of the os pubis. The left parietal protuberance is to be felt just in front of the right acetabulum, being much further back than the right one is in the first position. The bi-frontal suture is sometimes regarded as a means of diagnosis in this position, since when it is felt we may know that there are four sutures radiating from the fontanelle. It is scarcely ever to be felt, however, and not at all unless the head is abnormally extended, and the ear can, under ordinary circumstances, be felt with less difficulty. The horizon of examination is similarly limited as in the first position, the centre being at a point near the anterior end of the left parietal bone, where the caput succedaneum forms, if at all.

The most important distinction between the first

and third positions as regards diagnosis is in the effects of flexion. In the first position the posterior fontanelle becomes more and more accessible during its progress and during rotation and descent, and finally occupies a central position. In the third, the anterior fontanelle, which has the same relative position, is raised by flexion, and while at the inlet recedes in direct proportion to its degree. If complete flexion occurs, the anterior fontanelle entirely disappears and the posterior fontanelle may be felt behind and to the right of the centre of the horizon of examination. During descent the anterior fontanelle is never centrally placed, even when in the median line after complete posterior rotation. If the head is small and flexion incomplete it may be felt in front during the whole of the third mechanism, but otherwise if the plane of complete flexion comes to be at right angles to the axis of the canal, the anterior fontanelle is not felt after the beginning of the labor until birth.

4. THE FOURTH OR LEFT OCCIPITO-POSTERIOR POSITION OF THE VERTEX (L. O. P.) bears the same relation to the third that the second does to the first, having the same mechanism in delivery, but with the direction of motion reversed. It occurs in not more than three per cent. of all positions of the vertex, but the same possibility exists here as in the third, that a few first positions were originally in the fourth, and rotated at an early stage at far above the inlet.

For as the third is converted into the second by anterior rotation, so the fourth is converted into the first by the same movements and under the same circumstances. Anterior rotation at the inlet is more likely to occur in this than in the third position, on account of the presence of the bowel to the left of the sacral promontory. The smallness of the left canal also favors anterior rotation, and therefore it cannot be said to be more difficult than the third.

At the beginning of labor the occipito-frontal plane coincides with the initial plane of the left canal with the occiput behind, and with a similar substitution of "right" for "left," the description of the third position throughout will answer for this one.

I think we may be justified in drawing the following conclusions concerning occipito-posterior positions of the vertex.

First, they are not strictly natural positions. *Secondly*, they have nevertheless definite mechanisms of delivery which under favorable circumstances are alone sufficient to secure their birth. *Thirdly*, if the head and pelvis are of average size, their spontaneous delivery is attended with considerable delay in the labor and may be altogether impracticable. *Fourthly*, in a large proportion of cases the safety both of the mother and child will be promoted by artificial delivery. *Fifthly*, as the pelvic canals are of elliptical outline, the head cannot turn so as to be placed

in an occipito-anterior position until it presents a circular plane whose diameter corresponds with the shortest diameter of the pelvic canal. *Flexion* is therefore the first requisite in all methods, whether natural or artificial. *Sixthly*, to make anterior rotation feasible, and with safety to the child, the shoulders must present with the back anteriorly, or be so rotated if they are not so originally. *Seventhly*, failing this, the forceps will greatly assist in the requisite compression, and also enable the physician to control the passage of the head over the perineum more effectually.

II. THE FACE PRESENTATION.—In the facial end of the cranium there is described a plane called the trachelo-bregmatic, which is named after its long diameter, which passes from the anterior border of the anterior fontanelle to the front of the neck. The transverse diameter of the plane, the bi-malar, measures about three inches, the long, or trachelo-bregmatic, about three and a half inches ; it is therefore somewhat elliptical in outline. It is nearly parallel to the cervico-bregmatic plane, but a little smaller in its circumference. This is the plane which in this presentation corresponds in most particulars to the occipito-frontal in the vertical positions ; entering either canal, and in two ways, with the lower end or chin in front or behind. The chin, then, or *mentum*, takes the place of the occiput in the nomenclature of

these positions, which are as follows : 1, Left mento-anterior ; 2, right mento-anterior ; 3, right mento-posterior ; 4, left-mento-posterior. This is also, as near as may be, the order of their frequency, which is not great in any position, since the face is said to present only once in two hundred and fifty or three hundred labors. They are supposed to occur as the result of displacement of the vertex, either from wrongly directed force due to some mechanical difficulty, or as the result of voluntary motion on the part of the child. I have seen two cases in which a shock to the mother a day or two before labor was at least followed by a face presentation. In one, the house in which the woman was, was struck by lightning two days before labor came on, and the sudden start which one would naturally make under such circumstances may very well account for the displacement. In the other, a large picture fell from the wall upon the mother's head, having, no doubt, a similar effect.

1. LEFT MENTO-ANTERIOR POSITION.—If a head is placed at the inlet in the third vertical or right occipito-posterior position, and moved well back under the right sacro-sciatic arch, the parietal protuberances may be made to impinge upon the sacral promontory behind and the ilio-pectineal line in front, while the occiput also rests upon the brim. This, as before shown, is usually resisted by flexion. But should the head nevertheless become impacted,

the propulsive force acting through the vertebral column of the child can move only the long arm of the lever, since the short one is wedged fast. Hence, extension will occur, and as it takes place the head again becomes free. If the extension proceeds further than is required to bring the occipito-frontal plane below the level of the plane of the conjugate diameter, the line of force is thrown in front of the *foramen magnum* with increasing effect, and the extension is accelerated. This continues until the trachelo-bregmatic plane takes the place of the occipito-frontal, with the chin in front of the left acetabulum, and the anterior fontanelle opposite the right sacro-iliac symphysis. This, however brought about, constitutes the first position of the face presentation. The comparatively small size of the trachelo-bregmatic plane makes it unimportant as well as uncertain whether there is any lateral obliquity or not. For the same reason we may say that the face *per se* offers no difficulties in delivery, and if the head was disconnected from the body it would at once descend to the level of the cervico-bregmatic plane ; after which the mechanism of delivery would be the same as in a vertical position. It is the manner in which the body and neck are made to enter the pelvis that constitutes the chief obstacle in its delivery.

If the head and pelvis are of average size, the head descends in the right canal with its trachelo-

bregmatic plane coincident with the successive planes of the pelvic cavity. But as it descends, and the head approaches the inferior strait, the body, or rather neck, is drawn into the pelvis. This brings the length of the antero-posterior diameter of the neck to be added to the depth of the cranium, or in effect to the cervico-bregmatic diameter. This is too much for the pelvis to accommodate, and the head must be flexed to remove this difficulty. Flexion would have to occur in any event, if the head is to advance. But the line of force is through a point in advance of the centre of the head, and has no tendency to bring about flexion. This can only be accomplished by the action of the secondary or perineal force, and the head is too high up to be reached by its influence. The further the unaltered head moves under the propulsion of the uterine force, the greater is the difficulty, since the occiput and neck become more firmly impacted in the posterior part of the pelvis. The only resource of nature is to mould the head, by which process it becomes long enough to reach where it can be pushed forward and flexed by the perineal force. The neck is also liable to be compressed and moulded, from which great danger to the child arises, for the neck is ill-adapted for such pressure, and the circulation in the foetal brain is much interfered with. When the head is able to be flexed the difficulty is mainly over, the mere act of flexion causing the head to sweep over the perineum

and to bring the face to the vulvar outlet, unless the neck is unusually short. During descent the head rotates, so that the chin appears in front and the anterior fontanelle behind, but this rotation is not due to any correspondence of the trachelo-bregmatic plane to the pelvic canal. This plane is too small to bring this about, but the cervico-bregmatic plane which follows it is the one which regulates the mechanism. For this reason rotation is not as early in the facial positions, not occurring until the head has descended well in the pelvis, and the last named plane become engaged. It is then regular and complete, the head emerging from the vulva with the chin under the symphysis pubis. It escapes powerfully flexed, and is immediately extended again, after birth. Where the child is not large this mechanism is almost as natural as the corresponding vertical position, the trachelo-bregmatic plane simply preceding instead of following the cervico-bregmatic plane. In fact, if the head alone were concerned, it would be a more favorable position than the third vertical position. But the implication of the neck and chest make it a dangerous one for the child, and tedious for the mother if delay is necessary to mould the head.

Its clinical recognition is sufficiently easy at the beginning of labor, but if it is delayed at any point, and especially if it is detained at the inferior strait, this may become a little difficult. The tissues of the

face allow of a *caput succedaneum*, or swelling, to take place much more easily than the scalp, and the face may be greatly puffed up and distorted from this cause. Although as a general thing this swelling subsides soon after labor, there is always a risk of irreparable damage to the eyes, and lesser injuries. Delay in delivery is therefore to be deprecated, and should not be permitted to anything like the extent which would be allowed in another presentation.

2. THE SECOND, OR RIGHT MENTO-ANTERIOR, is similarly produced by the extension of a head originally in the fourth or left occipito-posterior position of the vertex. It has precisely the same mechanism as the first facial position, with the direction of motion reversed. It descends in the left canal, having at the beginning of labor the chin in front of the right acetabulum, and the anterior fontanelle opposite the left sacro-iliac symphysis. It does not need to be more particularly described.

3. THE THIRD, OR RIGHT MENTO-POSTERIOR POSITION, is produced by extension from the first vertical position. But it will at once be noticed that it cannot be produced in precisely the same way as a mento-anterior position. There is no chance for the wedging of the bi-parietal diameter in front. The extension of the head must, therefore, be attributed to other causes. Barnes's theory of too great friction anteriorly may be tenable if coupled with an anterior diversion of the uterine force, but after all

there is nothing more probable than the cause assigned by Hodge, viz., the muscular movements of the child itself. It is well that it is not easily brought about, since it is especially difficult and dangerous. In this position the trachelo-bregmatic plane enters the right canal, as in the first facial position, but with its long diameter reversed. The chin is found opposite the right sacro-iliac symphysis, and the anterior fontanelle in front of the left acetabulum. Difficulties begin early. In all positions the anterior part of the presentation moves less rapidly than the posterior, because of the curved construction of the pelvic canals. Hence in this case it happens that the forehead remains at the brim while the chin and base of the cranium essay to advance along the posterior part of the pelvis. This tends to bring the neck and chest at once into the pelvis, and the obstruction begins at once. For this means that a diameter of seven inches attempts to crowd into one of five inches in length. The head would naturally tend to rotate posteriorly with the chin to the rear, until a new influence is felt in the descent of the shoulders. In the mento-anterior positions the shoulders follow in the opposite canal from that in which the head descends, but in this, as in the occipito-posterior positions, the shoulders are thrown back over the right sacro-iliac arch. The shorter the neck and the speedier the impact of the shoulders the better, for the left or posterior shoulder is

thrown to the right of the sacral promontory, and the shoulders are thus brought over the entrance to the right canal. This causes the chin to rotate anteriorly, and converts the position into a second or right mento-anterior position, when it is finished, as in that case. This anterior rotation may occur at the inlet, but may also take place between it and the inferior strait. It is closely analogous to the first mechanism of the third vertical position, and is the most favorable one in this position. If anterior rotation does not occur, and the shoulders enter the left canal with the back in front, the chin rotates into the median line posteriorly and the head becomes intensely extended. No relief is afforded even when the head is permitted to reach the inferior strait, since flexion cannot occur, nor could it assist if it did, and extension has already reached its limit. The further the body descends the tighter the wedging ; and anterior rotation, the only resource, becomes more and more difficult. Under any circumstances there must be a great delay until the head is so moulded as to be born in this fashion, and if it is at all large this is impossible. The face will also be fearfully swollen and the head extremely "wire-drawn." The necessity for aid, either manual or instrumental, therefore, to promote rotation at an early stage, is clear.

4. THE FOURTH, OR LEFT MENTO-POSTERIOR POSITION, has the same mechanism as the third, with

the direction of motion reversed, and is therefore sufficiently described in the above account, with due substitution of "right" for "left."

The treatment of the facial positions will be considered incidentally in treating of the applicability of the forceps to such cases.

PART II.

THE FORCEPS.

INTRODUCTION.

"SIR," replied Dr. Slop, "it would astonish you to know what improvements we have made of late years in all branches of obstetrical knowledge, but particularly in that one single point of the safe and expeditious extraction of the foetus, which has received such lights, that for my part (holding up his hands) I declare I wonder how the world has—"

"I wish," quoth my uncle Toby, "you had seen what prodigious armies we had in Flanders."—STERNE.

"To procure easy travails of women, the intention is to bring down the child, whereunto they say the load-stone helpeth; but the best help is to stay the coming down too fast."—BACON.

WHEN Lord Bacon penned this sage remark, the forceps were unknown, and in the light of other days we are reminded of the fox and the grapes, and similar instances of the depreciation of the unattainable. For almost ever since their rude beginning in the instrument of Chamberlen there have been many who shared in the views of Dr. Slop, as to the blessings of the forceps. When we think of what the instrument can do, and of the numberless lives which it has saved, it is difficult to avoid his enthusiasm, and yet it must be confessed that he was aptly answered. For there is a debit as well as a credit side, and it needs little research to learn that the forceps have also been chargeable with much harm, so that in many minds even now the balance

is doubtful concerning them. That the fault is not in the forceps, but in the users, it will be my endeavor to show. They are not simply a pair of tongs, to be applied—somehow—to the child, and pulled upon—somehow—until it is dragged out, but a carefully adapted instrument, intended to be applied in a definite way and used in a definite manner, according to the case in which they are used. And when used with understanding, and under proper conditions, they fully justify all the eulogy which has ever been bestowed upon them.

The obstetric forceps are composed of two separate and similar pieces of steel, each of which is fashioned into a blade and handle. The pieces are made to cross each other near their middle, or at the junction of the blade and handle, at which point a device known as a lock is contrived so that compression of the handle will cause an approximation of the

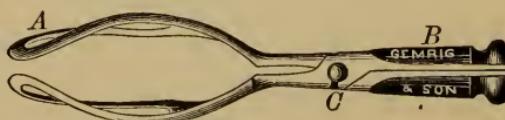


FIG. 21.—DAVIS FORCEPS (UPPER VIEW). A, the blades; B, the handles; C, the lock.

blades. They are, as has been well said, a pair of steel hands, to be placed one on each side of the child's head, to grasp it and draw it from the mother. Like hands, too, they can grasp lightly or forcibly. They are intended, primarily, to deliver

a living child from an uninjured mother. But they can also be used to squeeze and drag down a dead child, in the place of craniotomy. Whether this is ever proper is another question.

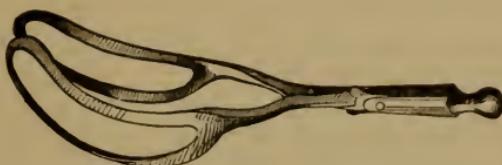


FIG. 22.—DAVIS FORCEPS (SIDE VIEW).

The first idea, then, of the forceps is of a *tractor*, to be used to supplement or supplant the expulsive forces of the mother. To adapt them for further usefulness in conditions of disproportion between the head and pelvis, they are also made capable of compressing the head so as to diminish its diameters, and thus constitute a *compressor*. They may also be used to further the natural mechanism by flexing, extending, and sometimes by rotating the head, and in this sense may be regarded as a *lever*, but any use of the forceps which implies a leverage upon the sides of the obstetric canal, *i.e.*, upon the mother's tissues, is unscientific, dangerous, and criminal. A properly constructed forceps will embrace these three functions in one, the form of the instrument being determined by these requirements. It would be interesting to trace historically the successive changes which have been made in the forceps during the two hundred years of their employment, but as this would

be of little practical value, it will be better to consider only the ideal forceps as at present adapted.

For convenience we will consider first the blade, which is the part in front of the handles, then the handles, and lastly the lock.

1. THE BLADES.—The blades should be large enough to cover a considerable part of the surface of the head, so as to hold it securely, and with as little pressure as possible on any one part. And since they are frequently demanded, because of the tight fit of the head in the pelvis, they must not take up any additional room by adding to the diameter of the presenting plane of the head. For these reasons the blades should be wide, but with a large fenestrum, through which the parietal protuberances of the head project. In this way they will not add a fraction to the size of the head. If the blades are narrow they will not exert so equable a pressure upon the head. Also in this case the fenestrum will be correspondingly small, and the convexity of the head cannot so well protrude between the branches of the blade ; the diameter is therefore liable to be increased by such an instrument. A good, wide blade, with a correspondingly wide fenestrum, is the first requisite in the forceps. It is alleged by some that a wide blade is more difficult to introduce than a narrow one—which is in a measure true, but since the wide blade can always be readily introduced in any case which is suitable for the application of the instrument, it is of

no consequence that another blade can be more readily used. A blade only a finger-breadth wide could be introduced still more easily, but would be of no use. A width of two to two and one-eighth inches will be sufficient, with a fenestrum one and one-half inches in breadth.

a, Head Curve.—When a pair of scissors, for instance, is opened, the points widely diverge, so that an instrument made in this way with straight blades would have a very slight grasping power. In fact, the only hold which such blades would have upon an object would be such as powerful lateral pressure would give. This in the forceps would be a great objection, since the object to be grasped is the more or less compressible head of a living child, and such pressure is liable to injuriously affect the intra-cranial circulation, if not the integrity of the brain itself. Compression of the head is at times desirable and necessary, but in many, if not most, instances, all that is required of the instrument is that it shall hold the head securely with a minimum of compression. For this reason the blades are bowed outwardly to conform to the curvature of the head. This is known as the *head-curve* of the forceps. It must not be so slight that the head will readily slip from between the blades, nor must it be very great, else there would be great difficulty in applying them. With a proper head-curve the tips of the blades will approximate to such an extent, when the instrument is applied, that

traction upon the blades brings their distal end upon the farther end of the head, so as to not only securely hold it, but also to push it onwards. When forceps are said to slip during their use, one of two things is certain ; either the head-curve of the instrument is insufficient, or the blades have not been properly applied. In the Davis forceps the tips of the blades are one-half inch apart when the instrument is closed, and when open sufficiently to hold a head measuring four and a half inches in the biparietal, the tips are two and three-quarter inches apart. It is obvious that if the head is really in the blades of this instrument, they cannot slip unless the steel blades are so thin as to allow of their being sprung outwardly at the tips. This latter is an accident which I think does occasionally happen in some forceps, but is guarded against in the Davis forceps by a secondary head curve in the blades, namely, a curving from above downwards. This twisting of the blades makes them much stronger, for the outward acting force of the child's head is applied almost edgewise to the arms of the blades, instead of through their thinnest diameter. This secondary curve also adapts the instrument more exactly to the convexity of the head. The forceps are also held upon the head by the pressure upon them of the soft parts and pelvic walls, and in cases where there is not a tight fit, and the forceps are applied merely for lack of uterine contractions, an instru-

ment with no head-curve at all may be sufficient to withdraw the head. In difficult cases the head-curve is absolutely necessary, and in any event, the instrument which is useful only in the cases where it is least needed is not a desirable one.

b, Pelvic Curve.—The curvature of the pelvic tube in its whole length is considerable. As before shown, the child in escaping from the vulvar outlet takes a direction almost exactly opposite to that in which it enters the pelvis. Much of this curvature is indeed in the soft parts, and therefore both variable and capable of being overcome by a straightening pressure against the walls. It is true that a pair of forceps which are nearly straight *quoad* their length can be made to seize the head when quite high up in the pelvis and even at the inlet, but it is much more convenient to have the instrument conform to the curvature of the pelvis. This is known as the pelvic curve, and is surprisingly different in different instruments, varying from a barely perceptible curve to one in which the ends of the blades are nearly at right angles to the rest of the instrument. The curvature of the male catheter, for instance, is comparatively uniform, and there is no reason why so great a diversity should exist in the forceps in this respect. The pelvic curve of the Davis forceps, which is greater than that of most instruments, seems to me to be most suitable. It not only enables us to apply the blades to the head at any point with great facil-

ity, but it allows them to be adapted to the head in a superior manner. The blades, by reason of this curve, will be more nearly parallel to the axis of the presenting plane of the child's head than if the blades were straighter, and it will therefore be easier to make the traction in the proper direction.

There are, then, two valid reasons for a considerable pelvic curve ; first, that it allows of greater ease in application, and second, that the blades will be applied to the head in a more desirable way. Such an instrument can be used at any point, the straight forceps only when the head is at the inferior strait, without great pressure upon the perineum, and consequent discomfort to the mother. The exact manner of curvature, whether it shall be gradual from the lock to the tip, or whether it shall begin at some distance in front of the lock, is a matter of some moment.

In the Davis forceps (Fig. 21), the shanks of the blades are continued in front of the lock, straight, parallel, and close together, for an inch and a half before either the pelvic or head-curve begins. This insures that the lock shall be outside of the vulva in most cases, even when they are used at the inlet. In many instruments, both curves begin at the lock, which seems to me to be a disadvantage, since the blades are relatively shorter and are unnecessarily wide in the immediate neighborhood of the lock. The pelvic curve of the Davis forceps is peculiar, be-

ing increased by widening the fenestrum posteriorly, or rather by having the two bars of the blade nearly parallel, and making the curvature principally in the lower bar. This gives them an exceptionally graceful appearance, which can be appreciated better by direct inspection of the instrument than by any description.

The blades are by these curves fully adapted for seizing and securely holding the head, but they must have handles to facilitate their introduction and to assist in traction, while to admit of compression they are made to cross each other at the lock.

2. THE HANDLES.—The handles are continuous with the blades, and are made of even more diverse patterns than the latter. Some are made of great length, in order to increase the leverage power of the instrument. Some are provided with rings or shoulders, to enable more powerful traction to be made with them. Some are provided with a blunt hook at the extremity, for the same purpose, and for convenience of having a double instrument. Some are made in pieces, so that the handles can be made either long or short. I again select the Davis forceps as possessing the most desirable handles. They are not bulky, are straight and uncomplicated, are long enough to allow of being comfortably grasped by one hand, or even by two, if that were ever necessary. Their length is between four and five inches behind the lock, which is enough. In speaking of traction dur-

ing the use of the forceps, I will explain why I do not regard the handles as the important agent in producing traction, and also show that the length above mentioned is sufficient for the proper use of the leverage power of the instrument. If I am correct in stating that such handles are sufficient for all practical purposes, their advantage over other forms is obvious. They are small and convenient, and there is nothing about them to get out of order or in the way. The rings and shoulders and blunt hooks are in the way during introduction, and have the additional disadvantage of inviting us to make traction in the wrong direction. In some forceps the handles are entirely of steel, and are usually so small that a firm grasp becomes painful to the operator. It is better to affix to them pieces of wood or hard rubber. It is hardly necessary to add that both the blades and handles should have all sharp edges removed, and carefully rounded so as to avoid injury to the tender structures about which they are used.

3. THE LOCK.—The lock is by no means the least important part of the forceps. There are three forms of lock in common use: the English, or mortise-lock, the screw and slot-lock, with which the Hodge forceps is usually provided, and the flat button-lock. The first is the most objectionable. In the first place, the danger of pinching the maternal tissues when the lock is close to the vulva is greater than in any other. Secondly, the forceps may be

locked when the blades are not in exact apposition, but when one blade is introduced a little further than the other. But as soon as traction is made the blades will slide into their proper relation, in which case the blade which has been in advance will usually injuriously scrape the child's head and either bruise or lacerate it. This can be avoided if sufficient care is taken, but it is better to have a lock which utterly prevents it. Thirdly, the blades fitted with this lock cannot at a glance be distinguished one from the other, but must be fitted together before we can tell which is the right and which the left blade. This may appear to be a trivial matter, but any one who has used all kinds will appreciate it. In the second form of the lock one blade is provided with a slot, and the other with a pivot which terminates in a large upright screw-head. When the blades are opposite each other, upon the head, the pivot is just opposite the slot, and may be pushed into it. The screw-head is then rotated between the thumb and finger until the lock is made fast.

There are two objections to this form. First, the looseness of the lock allows of the pivot being inserted into the slot when the blades are introduced to an equal length, but before they are exactly opposite, and when they are somewhat tilted. Then, when the screw is tightened, they may be forced into exactness. Secondly, the projecting screw-head is often in the way, and when the lock is close to the vulva cannot

be turned with ease. These objections can be mainly overcome by screwing down the pivot so as to make a close fit before beginning to introduce the blades, but there still remains the fact that the projection is too great for convenience. In the third form one blade is provided with a slot and the other with a closely-fitting pivot which is capped by a flat button-like expansion. When the blades are in exact opposition the slotted blade glides under the button and the instrument is locked, but unless the instrument is exactly adjusted this cannot be done. We have, then, in this lock a safeguard against a faulty application, and when the instrument is locked a guarantee that they are properly applied. The pivot is so low as not to be in the way, and the two blades can at once be distinguished from each other. With the last two locks, the slotted blade is known as the female blade, the one with the pivot, the male blade. Otherwise the blades are distinguished as right and left, according to the side of the pelvis to which they are applied, and sometimes anterior and posterior or upper and lower, which are variable terms, for one blade may be in either position according to the case in which they are used. So far as nomenclature is concerned the slot and pivot lock, then, is much more convenient. I will not undertake the invidious task of pointing out the imperfections of the various forceps now in use; but will simply state my belief, founded on the principles above stated, that the Da-

vis forceps provided with the button-lock, as made by J. H. Gemrig, of Philadelphia, from a reliable model, is the best instrument for general use. It is the instrument used by the accomplished Professor Charles D. Meigs, who declared that it was as near perfection as could be attained, and did not attempt to modify it, and has been used for many years by such veteran obstetricians as Ellwood Wilson and Albert H. Smith, of Philadelphia. Care should be taken in procuring the instrument, for those made by several manufacturers are not correctly made, and leave out some of its most important characteristics.

Such forceps as have special forms or modifications for a particular purpose may be briefly noticed in treating of the use of the instrument. There is no doubt that special skill in the use of any double-curved forceps may enable an operator to use it effectively ; the same amount of skill devoted to the Davis forceps will bring a better return. I say nothing of the straight forceps, because it is nearly obsolete, and every text-book bears witness against it ; nor of forceps for use upon the breech, as this application of the instrument is not yet well established.

THE APPLICATION OF THE FORCEPS.

The forceps, being specially designed and adapted for the head, may be applied to it in any of its presentations and positions, and at any point in its course. The indications for their application will be

discussed in another place, so that we will assume a suitable and uncomplicated case, in which the os uteri is fully dilated. Although the head may be arrested in any part of the pelvis, we are practically seldom called upon to apply the forceps except in two situations, viz., when the head is at the inlet or at the outlet of the pelvis. It is also necessary at times when the head is resting upon the perineum and in great measure through the outlet, but as the tube is single from the outlet onwards, there is no difference in the application of the instrument. At the inlet the conditions are decidedly different, and the method of using the forceps is likewise different.

I. We will consider, first, the application when the head is at the inlet and in the first vertical position (L. O. A.) in a pelvis which is of normal proportions. Certain preliminaries are requisite. First, the forceps are to be taken from their bag, or case, and placed in a basin of warm water, so that they shall be of the proper temperature. Care should be taken that the blades are not rattled against each other while handling them, as the clang of steel is a peculiarly disagreeable sound to those who are about to be "operated upon." Next, the woman should be placed in a proper position : lying upon her back, transversely in the bed, with the hips brought to the edge, so that the vulva overhangs the edge and with the feet placed upon two chairs. One, or better two, sheets may be placed over the limbs, so as to avoid

any exposure, but the vulva should be uncovered so that the operator shall see exactly what he is about. Right-minded persons will offer no objections to any necessary procedure, and it is better to wound the feelings than the pelvic tissues by uncertain manipulations under the bed-clothes which are certain to get in the way. The English prefer to apply the forceps with the woman upon her side, which is much more difficult and sometimes well-nigh impossible. As we can never be sure beforehand of the amount of difficulty we shall encounter, it is best to secure the most favorable position at the start. A third chair should then be placed between the others, upon which the operator is to sit, and the forceps are to be placed within reach. A supply of lard and several towels complete the equipment. If there is any doubt as to the condition of the bladder, a catheter may be passed, but this is sometimes impracticable. I assume that the rectum has been emptied by an enema.

Where are the blades to be applied in the first position at the inlet? There are several reasons for the unhesitating answer, on the sides of the child's head. *First*, they will fit the head better. *Secondly*, they will be less likely to injure the head when compressed than when in any other situation. *Thirdly*, they will be applied in a very definite relation to the head, so that when we move them in any direction we know exactly in what way the presenting plane of the head will be disturbed. *Fourthly*, we can, if

necessary, flex or extend the head, or otherwise control its relations much better when the head is grasped in this fashion. In fact, flexion of the head is next to impossible when the forceps are otherwise applied. *Fifthly*, the head can be reduced in size more certainly than in any other way, since the approximation of the blades compresses and reduces the bi-parietal diameter, while forced flexion of the head can be made to reduce the antero-posterior diameter, by substituting the cervico-bregmatic for the occipito-frontal. And lastly, the application is no more difficult than any other in the undeformed pelvis. The head, in the position under consideration, is quite closely applied to the pelvic brim upon the right side of the pelvis and upon the left side in front. One part of the head is at some distance from the brim, viz., the left parietal region, which is opposite the left sacro-iliac arch. One blade of the forceps then can very easily be placed just where we want it, on the left side of the head, since there is a roomy passage for the blade. The blade which is to be opposite this one must be insinuated between the right side of the head and the pelvic rim to which it is closely adjusted. But what is true of this latter blade is true of both in any other method of application. It is only when the blades are applied to the sides of the head that even one of them has a place provided for it, as it were.

The next consideration of importance is, which

blade should be first applied? In answering this we will notice that one side of the head is posterior and remote, namely, the left side; the other is anterior and near. The fact that one side is more posteriorly placed than the other will decide the question for us, for if the anterior blade was first passed it would be in the way during the application of the second. These questions being settled, the operator sits in front of the vulva, takes up the male blade of the forceps, and thoroughly anoints the part to be introduced and also his right hand. The latter is to be introduced into the vagina as far as the thumb, or until the finger-tips can be placed between the os uteri and the head. Sometimes the introduction of two fingers will be sufficient for this purpose. If so, all the better, but this precaution should never be omitted, lest the blade should pass to the outside of the cervix, when even a slight amount of force may result in great damage to the maternal tissues. The handle of the forceps should be securely grasped in the left hand; not held like a pen, which for an object of its weight gives an insecure hold, but held firmly so that it can be introduced with precision. A firm hold does not imply a forcible use, but on the contrary, the ability to grade force with entire delicacy. The tip of the blade is then inserted in the vulva resting against the palm or surface of the fingers, while the tip of the handle is held perpendicularly above the middle of the mother's right groin.

Since this blade is to traverse nearly the whole posterior curvature of the pelvis before coming in contact with the head, the pelvic curve of the instrument is to be first considered, and it is to be passed almost exactly as we would pass a male catheter into the male bladder. As the blade glides upwards, the tip of the handle moves almost directly forward, and with little depression until the blade has reached the lower limit of the side of the head. The head curve of the forceps must now be considered, and the blade made to pass around the convexity of the head. As this movement is executed the handle of the forceps is made to approach and cross the median line, and at the same time is rapidly depressed. As the blade continues to be moved onward in the line of its pelvic curve to a certain extent, the motion is somewhat spiral ; but the greater part of the motion in this direction is effected during the first movement ; hence, during the second, the line of motion of the tip of the handle is almost straightly diagonal from above downwards. When the introduction is complete the blade is in the free space under the left sacro-iliac arch, and applied to the left side of the child's head. The handle will rest against the perineum and will have its face turned somewhat to the left thigh of the mother, its direction being nearly in the axis of the initial plane of the right canal. As soon as the tip of the blade is felt to be between the cervix uteri and the head, the hand or fingers may be withdrawn from the

vagina. The introduction of the male blade is almost without exception very easy. If properly directed to its destination it slips into place almost from its own weight. The second blade does not enter quite so readily, but, under ordinary circumstances, its introduction is not difficult. The right hand is freed from itsunction with a towel and takes up the female blade, which with the left hand is then anointed as in the case of the preceding blade. The right side of the head is much nearer than the left. It will therefore usually suffice to introduce two fingers of the left hand as a guide and safeguard before passing this blade. From the proximity of the right side of the head, the head-curve of the blade has to be considered almost synchronously with the pelvic curve. For almost as soon as the blade begins to be introduced it must be curved around the head. It is therefore held nearly at right angles to the median line, with the handle in the line of the mother's left groin, while the tip of the blade is inserted in the vagina, resting against the palmar surface of the fingers. The part to which we desire to apply the blade is almost directly over the right obturator foramen. The handle is therefore at once moved towards the median line, and depressed as soon as it is clear of the mother's left leg, while it is pushed onward at the same time, so that the line of movement is continuously spiral. I have said that the head was closely applied to the rim of the pelvis on the whole

of the right side of the latter ; but if the head is well flexed the frontal end will not entirely fill up the right sacro-iliac arch. Hence there is a tendency in this blade to slip posteriorly into this opening. If it does the blades will not be opposite, but their concavities will both look forward and they will not grasp the head and cannot be locked. To avert this we keep the blade well forward during its introduction, and this can be promoted by a simple manœuvre. One finger of the left hand is retained in the vagina and placed under the upper bar of the blade. With this we can push the blade upwards while the right hand is urging it onward. The amount of force requisite for the application of the second blade is usually greater than that demanded by the first. Where the forceps are applied only on account of uterine inertia, rather than for any detention from disproportion, or where the head is resting above the inlet rather than engaged in it, there is not a great difference. The amount of force which is justifiable cannot, of course, be measured, but when the operator is thoroughly aware of the true relations of the head to the pelvis, it is never very great. When the second blade is thoroughly introduced its handle crosses that of the first and the slot comes just opposite the pivot and a slight compression of the handles locks the instrument. If the parts of the lock do not entirely and easily coincide, we must withdraw the second blade and apply it with more care until it can

be brought in proper relation with the first. When this is accomplished without difficulty, we may be certain that the head is grasped in its bi-parietal diameter, and may proceed to its extraction in the full confidence that we know exactly what has been done. The position of the handles when the forceps are thus applied is instructive. The head being grasped in its bi-parietal diameter, the face of the handles is directed towards the left side.

But we may notice also that the handles are not in the median line, but point decidedly to the left of it. And the higher the position of the head the greater the divergence of the handles from the median line. If the head was centrally placed in the inlet, as stated by Hedge, this would not be the case. But its centre is decidedly to the right of the median line as we have already stated, and therefore the handles occupy this position, which is a clinical proof of the truth of the views herein entertained of the mechanism of labor. The practical bearing of this will be discussed under the head of traction.

It sometimes happens that when both blades have been apparently correctly introduced, the parts of the lock are still too far apart to be united. This is often due to the fact that they have not been introduced far enough. In this case the handles may be taken one in each hand and pressed well against the perineum, when they will usually lock. When the head is above the brim this is always necessary, and when

fairly engaged in the inlet the handles are quite close to the perineum when fully applied. Care should be taken in locking the blades not to pinch the vulvar tissues or allow hairs to be entangled in the lock.

The application of the forceps to the sides of the head when at the superior strait—is taught by Dewees, Meigs, and Hodge, and by a small minority of English and continental authors. Even these admit exceptions, and state that the blades cannot always be thus applied, and Dr. Davis himself was sometimes unable to introduce the second blade of his forceps upon the right side of the head. Nearly all, however, admit the advantages of this method, and merely allege its difficulty. In place of it many recommend that the blades shall be passed with reference to the pelvis, one upon each side, in which case the head will be grasped obliquely. The disadvantages of this procedure are mentioned by implication in the enumeration of the advantages of the method already described.

There is a much greater risk of injuring the head, in addition to the less perfect control which is obtained of its movements. I believe that the objection to the cephalic application of the blades is unwarranted and founded upon several erroneous conclusions.

First, there is not a sufficient discrimination made between the application of the forceps in normal and deformed pelvis. It is probable that in

some cases of pelvic deformity the blades cannot be applied to the sides of the head. But I utterly deny even the difficulty of application in the normal pelvis, except when from the extreme size of the head no method is adequate, as in hydrocephalus. This is an important point, since the rule should not be conformed to the cases of deformed pelvises, which are comparatively rare, but to those in which the pelvis is normal, which are much more frequent. Leishmann says explicitly : "Delivery by the long forceps may practically be considered as an operation in which the head is arrested by reason of contraction of the pelvic brim" (Syst. p. 466). Secondly, there is not enough difference made in the manner of introducing the blades. The English have indeed hardly given in their adhesion to the use of the long, double-curved forceps, having shown a tendency to protract the infancy of the instrument in a characteristic way. Thirdly, there is not enough difference made in the manner of introducing the second blade, and it is improperly introduced. The teaching of Baudelocque, Levret, and Cazeaux is substantially the same as that of Leishmann, which is : "This blade may also be passed in the direction of the hollow of the sacrum." Schroeder, p. 177, is more explicit. "He takes the right blade in the right hand, . . . and proceeds in the same way as just described. Both blades are now situated somewhat behind, and in order to lock the forceps, either both or

at least one of the blades must be brought forward ; in the first head position the right-hand blade." In other words, one blade is to be passed under the left, the other under the right sacro-iliac arch, after which either the right blade is to be brought forward and opposite the other, or both are to be brought to the sides of the pelvis until they are opposite. It is no wonder that with such directions the application is difficult. Barnes, p. 59, says : "The instrument held in the right hand lies nearly parallel with the mother's left thigh, or crossing it with only a slight angle. The point of the blade is slipped along the palmar aspect of the fingers in the vagina, across the shank of the first blade *in situ*, inside the perineum toward the hollow of the sacrum. As the point has to describe a helicine curve to get round the head-globe, and forward in the direction of Carus's curve, the handle is now depressed and carried backward until the blade lies in the right ilium." I do not wonder at his abandoning the attempt to apply the forceps to the sides of the head, if the second blade is passed in this fashion. But if it is held at first, not parallel with the mother's thigh, but at right angles with it, the blade may begin to curve around the head very soon after it enters the vagina, and can be kept in front with little difficulty. And so far from it being proper to pass the second blade under the right sacro-iliac arch, and then bring it forward, if we are so unfortunate as to

get it in this position, it should at once be withdrawn and the attempt be renewed to pass it properly. One reason which is given by Barnes, Fauntleroy, and others, for the pelvic application of the blades is that it dispenses with the need for our knowing the position of the head when using the forceps. But after they are on, it is of great importance that we should know in which canal the head is situated, and whether our efforts are or are not flexing or extending the head, which cannot be done unless we know the position of the head. To apply the forceps in a haphazard way to the head is a very unscientific procedure, and is not safe even for experts with the forceps, much less for the unskilled and careless, to whom the doctrine that we need not know the position of the head comes with peculiar comfort. There are occasionally met with cases in which the determination of the position is extremely difficult, but to make these the basis of a rule is not an indication of progress in our science.

The rules here given for the application of the forceps to the first position of the vertex at the inlet apply equally well to the third vertical and to the first and third facial positions. In other words, whenever the head is in the right canal, the forceps are to be thus applied. As this embraces the great majority of cases in which they are used, the doctrine of chances would lead us to apply them in this way whenever we were uncertain as to the position of

the head. Any uncertainty, however, can usually be cleared up when the hand is introduced as a preliminary to passing the first blade.

When the head is in the second or fourth positions, or in the left canal, the order of applying the blades is reversed. The female blade is first to be introduced and passed under the right sacro-iliac arch. The male blade is then introduced upon the left side and in front in a similar manner to the introduction of the second blade in the first position. But when this is done the forceps cannot at once be locked, since the blade with the pivot will come on top of the blade with the slot. We therefore take hold of each handle, press them well back towards the perineum, and at the same time slip the handle of the female blade over and across the male blade, when the parts of the lock will be in proper relation to one another. This is a slight inconvenience, but by no means as great as that attending the reverse method of introducing the blade, in which case the anterior blade will be decidedly in the way while introducing the posterior one. The manœuvre should be performed with care and gentleness, remembering that the points of the blades are within the uterus, and are partaking of the motion communicated to the handles. When the forceps are applied upon a head in the left canal, the handles will be observed to extend nearly in the axis of the initial plane of that canal, being to the right of the median line and with their face directed to the right.

II. At the outlet. It is occasionally necessary to apply the forceps while the head is between the inlet and outlet of the pelvis, and therefore imperfectly rotated. The application is made in substantially the same way to the sides of the child's head. Such cases are comparatively infrequent. If the head passes the inlet it is rarely detained until it reaches the inferior strait, and has accomplished its rotation. At this point, or when resting upon the perineum, the forceps are most frequently needed. As the sides of the head correspond to the sides of the pelvis, the long diameter of the head being in the median line, the blades will be applied to the opposite sides of the pelvis, in the following manner : Two fingers of the right hand being introduced as a guide, the male blade is taken in the left hand and held at right angles to the median line, with the tip of the blade in the vulva. As soon as the blade reaches the left side of the head the handle is moved spirally downwards, backward, and onward, while the blade curves around the head and onwards into the pelvis. The same procedure with changed hands is repeated with the female blade, when the handle will be found in the median line, but not pressed against the perineum as when the application is made at the inlet. But no matter where the head is, if it has not completely rotated, the application should be made to the side of the head, which cannot be denied to be perfectly feasible at the outlet, whatever may be thought of the higher operation.

III. The forceps are sometimes applied upon the after-coming head, after the delivery of the body and arms of the child. The method is the same as when the head comes first, the body being held as far as possible out of the way by an assistant during their application and use. The usefulness of the forceps in these cases, is, however, questionable. Only under exceptional circumstances can the child live during the time requisite for their application. If, however, manual extraction should fail, it is commonly advised that they should be used, though Schroeder, for example, does not even mention the possibility of their being required. It is worthy of note that Barnes, p. 75, in speaking of their application to the after-coming head at the brim, says : "The head is engaged with its long axis more or less nearly in the transverse diameter of the brim. The blades should grasp it in an oblique diameter, approaching the antero-posterior." If this is difficult when the head comes first it is much more difficult in head-last labors. Neither is it true in any but deformed pelvis that the head enters the brim transversely, for it enters either the right or left canal in the same fashion as when it comes first ; except that it is upsidedown. The head should therefore, if possible, be grasped by the forceps in the same way, but the body and neck of the child are so much in the way, that if manual efforts to deliver the head fail, the forceps will rarely succeed, and craniotomy will be the only resource. Meigs

taught that the practitioner should always carry the forceps to every case, lest in a breech case the child should die before we could get them. But, highly as I esteem the instrument, I fear that they have saved few lives under such circumstances.

IV. A few general remarks upon the application of the forceps in any case may here be made. First, they should not be introduced during a "pain" or uterine contraction. The passage of the blade through the cervix will often excite a contraction, which speedily subsides if the manipulation is suspended, after which it may be renewed. Secondly, the use of anæsthetics is neither necessary nor advisable. The introduction of the forceps is not painful, or at least no more painful than an ordinary uterine contraction. The sensations of the woman are also an invaluable guide and safeguard during their introduction. If you are causing pain it is probably because you are not passing the blade properly, and the exclamations of the woman will speedily notify you of the fact. When the blades are locked, you are in no danger of pinching the maternal tissues if the locking is painless. But if the woman is anæsthetized you are left entirely to your own discretion. Although a careful and skilful operator will not do any harm with them under any circumstances, it is much better for the beginner to use them upon a thoroughly conscious individual. After they are once applied there is no reason in the operation itself

why an anæsthetic should be withheld, though I would still oppose its use, for reasons foreign to the matter in hand, and therefore inappropriate for discussion in these pages. Thirdly, the forceps should never be taken up with the determination to apply and use them “whether or no.” The beginner, and indeed the more experienced practitioner, will occasionally attempt to apply them in an unsuitable case. If when he finds that a blade does not go on readily or that the blades cannot be made to lock, he loses his self-control, and dripping with perspiration attempts to force circumstances and the forceps to obey his will, he will surely do damage. Force is never needed in their application. If they are passed in the right direction they will find their place in every suitable case. Gentleness and skill are the needed elements, and never force. If these fail, let the physician send for some one else, since two heads are better than one. Or, if he is remote from assistance, let him suspend his efforts for a while, meditate upon the cause of failure, and try again. Fourthly, if the blades will not lock readily, it is usually the fault of the second blade, which should be taken out and reapplied instead of attempting to force the blades into locking. If, after due trial, the locking is still impossible, both blades may be taken out and reapplied, while the position of the head should again be carefully made out, since a mistake in diagnosis may have been made, or the position itself may have changed, as occasionally happens.

TRACTION.

The forceps having been applied, the next question is, what are we to do with them? Are we to pull the head out by direct traction, or to pry it out by leverage, and shall it be compressed during either of these movements?

The following propositions may be laid down as a starting-point: *First.* If the Davis forceps (or any other having a sufficient pelvic and head-curve), are applied to the sides of a head at the inlet in the first vertex position, the general line of the blades will be parallel to the axis of the presenting plane of the head. *Secondly.* If traction is made in the line of the blades, the distal ends of the blades will press upon the head, and if the latter is movable will push it onwards in the line of the axis of the presenting plane. *Thirdly.* If during traction the line of the blades is kept parallel with the axis of the canal in which the head is placed, the axis of the presenting plane of the head will be kept in coincidence with the axis of the canal in which it moves. This is what takes place in normal labor, and this is what it should be our aim to imitate with the forceps. It ought not to require a mathematical demonstration to show that when the head is kept in this exact relation with the pelvic canal it will move with the least possible expenditure of force. If instead of this the force be so directed as to push or pull it al-

ternately against the sides of the pelvis, more force will be required, unless the laws of mechanics are altered for the benefit of obstetricians. And yet the great majority of obstetric writers recommend that traction be supplemented by leverage, and that the handles of the forceps should be swayed from side to side that the head may be pried out as well as pulled out of the pelvis. From this it may be inferred, however presumptuous the inference may seem, that they do not make traction in the right direction. Barnes asserts that "pure traction is almost an impossibility," and this is true enough, if the usual directions for the use of the forceps are complied with. A few selections from authoritative works will be sufficient to indicate what these directions are, and in what they result. Cazeaux, p. 970, says: "If the head is at the superior strait, we must first draw downwards and backwards as much as possible." But how? "In performing the tractions the right hand is placed near the clams (at the ends), and above the instrument, the left hand in front of the articulation and beneath." Leishmann, p. 460, says: "The handles should be grasped by both hands. . . The force should be applied as nearly as possible in the direction of the axis of that part of the pelvic canal within which the head lies; and the operator should act by combining steady traction with a swaying motion of the handles from side to side." Playfair, p. 468, says: "When once the

blades are locked we may commence our efforts at traction. To do this we lay hold of the handles with the right hand, using only sufficient compression to give a firm grasp of the head and to keep the blades from slipping. The left hand may be advantageously used in assisting and supporting the right during our efforts at extraction, and at a late stage of the operation may be employed in relaxing the perineum when stretched by the head of the child. Traction must always be made in reference to the pelvic axes, being at first backwards, towards the perineum, etc.' And so on through obstetric literature. From these meagre directions we learn that we are to pull upon the handles, and at the same time to see that the pulling is in the axis of the pelvis, "as nearly as possible." That it is not possible seems to be quite generally suspected. Hence the direction of Meadows, p. 224, "When using curved forceps, we should pull less with the handles than with the part of the forceps between the handles and blades." In which case we would insensibly do something else than pull, as will be presently alluded to. Hodge also, p. 253, hints that, "While the practitioner always keeps his right hand on the handles, the left may be variously employed, sometimes in front of the shanks, so as to *depress* the whole head toward the coccyx and perineum, then again the fingers may be applied to the head of the child to watch its progress, and eventually to the perineum, so as to prevent mischief from laceration,

etc., at the time of birth." But in the directions for traction we have only a reiteration of the advice to make traction and in the pelvic axis, with the leverage superadded. I have not the slightest doubt that the practice of Dr. Hodge was superior to his precepts, and Lusk says : " Many indeed seek to prevent the anterior pressure of the forceps by placing the left hand upon the lock and using it as a fulcrum around which rotation is effected." Although there is no written precept for this, I have seen the forceps used rightly by more than one who would have stated, if asked, that he was following the ordinary rules. But can we, by pulling upon the handles, cause the head to move in the right direction ? In Fig. 23 we have a representation of the forceps applied to the head at the inlet. The line EF indicates in a general way the line of the blades and also as nearly as can be shown in an antero-posterior section the first direction in which the head should move. If we pull upon the handles, we will pull in the line of the handles, and every part of the blades as well as of the head, which is for the moment immovably connected with the instrument, will move in a line parallel to the line of the handles. Hence even when the handles are well against the perineum and traction is made directly downwards, the head will be pulled against the symphysis pubis. Practically, it is difficult to avoid elevating the handles somewhat, especially if the force is great, in which case the head will

be more directly and inevitably pulled against the symphysis. Between the head and symphysis will be the bladder and cervix uteri, which will suffer more or less, according to the amount of force employed,

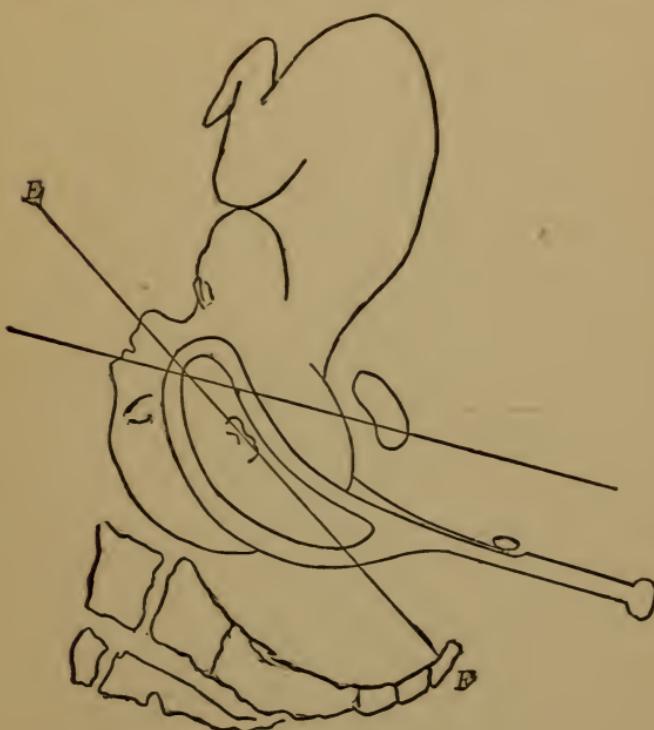


FIG. 23.

while the head will not be advanced. Notwithstanding these facts, there are some teachers who deliberately advocate the most powerful traction with both hands upon the handles of the forceps.

I extract from current medical literature a case which shows that this teaching is carried into prac-

tice, and that it sometimes accomplishes delivery. The writer has gone to his account. "On the 2d of March, I attended to a Mrs. M., a multipara, third child. The two first were delivered by craniotomy. The vertex presenting R. O. A., and impacted between sacrum and pubes ; the conjugate diameter of superior strait greatly contracted. I applied forceps and had considerable difficulty in locking them. Dreading the laceration which might ensue, in this case, from side-to-side lever action, I concluded to rely entirely upon direct and steady traction. My strength giving way, her husband held me around the waist, whilst the patient was held *in situ* on the dorsum, by four women. In forty-five minutes I had the satisfaction of bringing the head down on the perineum. The delivery was then speedily accomplished. Both mother and child, a girl, did well." This is simply horrible, and yet the child was born and the mother recovered. Two circumstances probably determine the delivery when the forceps are used in this manner. In the first place the head finally slides off from the pubes as from an inclined plane. But the amount of force requisite for this is very many times greater than that which would be required if the traction were made in the right direction. In the second place, the head being pressed against the cervix, irritates the uterus into making powerful contractions, which both impel the child in the proper direction and to some extent de-

flect the tractile force of the forceps. The power which the forceps have in determining uterine contractions by the mere fact of their presence is an important fact, and in many cases greatly diminishes the amount of force required from the forceps themselves.

Among the first to have a practicable doubt as to the possibility of making traction upon the handles in the proper direction was Tarnier, who accordingly invented a pair of forceps with a considerable pelvic curve, which was fitted with steel rods affixed to the lower edge of the blades, so that we could pull in the line of the blades and not in that of the handles. This is an unnecessarily ingenious contrivance, since we possess in the ordinary forceps all that is necessary if we will use them correctly.

The method which seems to me to be the correct one, I will now attempt to describe. When the forceps are applied at the inlet the handles are seized by the right hand from above and held firmly, compressing the head as little as possible at first. The left hand is placed so that the ball of the thumb comes over the lock (see Fig. 24), while the index-



FIG. 24.

finger rests upon the upper arm of one blade, and the middle finger upon the other. Now, while the right hand holds the handles almost at rest, the fingers of the left *push* upon the blades so as to move them and the contained head downwards, backwards and a little to the left of the median line. Secondly, while the fingers are pushing downwards in this way, we may also make use of them as a fulcrum, and by elevating the handles cause the blades to move in an opposite manner, but care must be taken that the force thus applied by the right hand is not enough to overbalance the downward pressure of the left, else we will merely extend the head without propelling it. It is sometimes convenient to vary the position of the left hand and fingers, but the principle is the same, that pushing and not pulling is the first step in traction. When the head begins to descend we may place three fingers between the blades, the thumb and little finger being upon the outside, and combine a pulling with a pushing motion upon the blades. But throughout the handles are simply elevated and not pulled upon, or but slightly, having due regard to the proper direction, and bringing them into the median line only when the head has reached the inferior strait. When the head is delivered the handles will lie upon the abdomen of the mother. This, in brief, is the method which I employ and advise. When we consider the comparatively small amount of force which the fingers can

exert, it is in marked contrast to the method of employing the united efforts of two men in pulling upon the handles, and will scarcely be credited with sufficient power by those who are accustomed to use much force. But when we reflect upon the statements of Poppel and Kristeller, that a force of from four to eight pounds is often enough to expel a head that had lain immovable for hours, it is evident that traction in the right direction need not be very forcible. For the forceps are used perhaps oftener for simple uterine inertia than for any other reason, and it is especially in these cases that I recommend this method. And it is also evident that traction which impels the head against the pubes instead of in the proper pelvic axis must always be unnecessarily powerful in every instance. When this method is carefully and patiently carried out, it will rarely fail to deliver if the case is a suitable one for the employment of the forceps. But there are occasionally met with cases in which more force is demanded, in which the method must be modified. In such cases we may pull upon the handles with the right hand and with such force as may or can be exerted, while at the same time we endeavor to deflect the force in the proper direction by pushing upon the blades in front of the lock with the left hand, at the same time making use of the leverage above described. But under no circumstances will it be necessary to pull upon the handles with both hands, or put the

foot against the bed, or secure additional help in traction. If the force which can be exerted in the right direction in this way is incompetent to deliver the child, no amount of force wrongly applied will succeed without injuring the maternal tissues to an utterly unjustifiable extent.

Having defined what I mean by traction, the details of the operation may be enumerated. The tractile efforts should be made during the continuance of the labor pains, if the latter are frequent and regular, and suspended in the interval between them. But as the pains will rarely be of this character, it is usually allowable to pay little attention to them. They should, however, be imitated, with some exaggeration. Traction may be made during one or two minutes, and then suspended during two or three minutes. There are several reasons for the intermission. In the first place, continuous pressure will be undesirable for the mother, and will weary her. To give rest between the efforts is therefore necessary. Secondly, it either dilates the vaginal tissues too rapidly, if we succeed in continuously advancing the head, or it interferes too much with the circulation in the parts in advance of the head if the latter does not advance. If the pressure is intermittent this is avoided. Thirdly, there will be more or less compression of the head in every case. If the traction is continuous the compression, whatever its degree, will be continuous and the circulation in the child's brain will be dangerously inter-

ferred with as well as that of the parts to which the blades are directly applied. For this reason it is advisable, whenever we have ceased traction temporarily, to partially or wholly unlock the forceps in order to take off all compression exerted by them. This is done by sliding the female branch partly or altogether from under the button of the male branch. When we resume traction, the simple grasping the handles relocks the instrument, and allows us to proceed as before.

The whole time occupied in traction varies greatly in different circumstances. In a simple case of uterine inertia without disproportion, the only consideration in the way of immediate delivery is the due preparation of the soft parts. Ten or fifteen minutes is all that is usually required by the multiparous woman for the accomplishment of this part of labor naturally, and we may conform to this in using the forceps. Where there is much disproportion, we may have to wait much longer before we can deliver, during which time the head is moulded, as in protracted labor without the forceps. I do not think that any rule can be laid down as to the longest limit of traction. Ellwood Wilson has kept them on for eight hours (*Am. J. Ob.*, 1876), using them only during the pains and merely to assist the latter. This is an exercise of patience which would overtask most of us, and would not be safe as a rule for general application. The duration of the second stage of labor

for eight hours, with the head well in the pelvis, is not entirely devoid of danger, under any circumstances, though when we reflect that the compression of the head by the forceps really relieves the maternal tissues to that extent, it is probable that labor might be allowed to continue much longer while the forceps were applied than without them. When we find that the head does not advance under our efforts, made in the proper direction and with full compression, we may decide when to abandon the forceps for the perforator by the condition of the mother. So long as that continues good and the pelvic tissues show no signs of injurious pressure, we may continue our efforts until thoroughly satisfied that the head cannot be delivered by the forceps. But in the vast majority of cases, if the forceps can be applied and locked, they will be competent to deliver, under an hour. And it cannot be too often repeated that there is nothing to be gained by becoming impatient and hanging with our whole weight upon the handles of the instrument. So long as force is applied in the right direction, any amount which can be exerted may be employed. The safeguard is that a great deal of force cannot be applied in the right direction, and if it is used in any other direction it becomes at once unjustifiable, whatever its amount.

When the head is upon the perineum, it is sometimes well to make tractions between the pains, and not during their continuance. This applies mainly

when the expulsive efforts are violent, for in that case the added force from the forceps will favor perineal laceration. This plan was first suggested by the late Dr. S. D. Turney, and will sometimes be found useful. There are some who recommend that the forceps should be removed when the perineum has become greatly distended, for fear of laceration.

The forceps give us such a thorough control over the head and its movements that I believe they are a great help to prevent rather than to cause this accident. We can hold back or advance, flex or extend the head with entire ease, as may be needed. But to do this successfully requires coolness, judgment, and quickness, and a wrong turn of the forceps at the critical moment will certainly cause a laceration if this is at all imminent. If a person is not quite sure of himself, he had therefore better take them off rather than wield a power potent for evil as well as good. When they are removed the head may be extracted by the form of rectal manipulation known as the Ritgen-Goodell method, although Smellie (Coll. 19, cases 1-2) described and used it, and gave the credit to Ould. Two fingers are introduced into the rectum and placed upon the forehead of the child, while the thumb of the same hand, or fingers of the other hand, are placed upon the occiput through the vulva. The head is then manœuvred out in a manner easier to perform than to describe. When this is done during the absence of a pain we certainly escape

from rupturing the perineum, so far as the head is concerned.

In taking off the forceps when the head is on the perineum we consider mainly the head-curve of the instrument. Having separated the lock, one of the handles is moved across the median line so as to lie in the groin of the opposite side, which will cause the blade to glide out of the vagina without disturbing the head at all. The same is done with the opposite blade in the contrary direction. When for any reason it becomes necessary to remove the forceps at a higher level, the pelvic curve may have to be considered, or in other words the blades are withdrawn in the same manner in which they are applied, with a reversal of direction.

COMPRESSION.

The utility of the forceps as a compressor is beyond question, since the bi-parietal diameter is capable of being diminished by their use from a half inch to an inch. As we can reduce the antero-posterior diameter in another way, we can by compression greatly facilitate delivery. But when the forceps are not applied to the sides of the head we must be very careful how we use compression on the living child. The question in such a case is not so much whether we can diminish the size of the head by compression, but whether we will not cut and injure the head by it. When applied to the sides of

the head, and this should include the great majority of cases, compression carefully performed is entirely innocuous and of great benefit. It should in every instance be performed slowly, evenly, and gently, and should be maintained only for a minute or two at most, with an interval of relaxation following. If the head is suddenly squeezed in the forceps, or if the handles are tied together, as the manner of some is, harm will be done as a matter of course. But if effected as stated above, the full compressing power of the instrument may be exerted without injury to the child. I have been surprised to find after the fullest compression, but intermittently applied, that not even a temporary imprint of the blades could be discovered upon the child's head within ten minutes after its delivery. I do not think that anything is ever gained by continuous compression. The head can be moulded to much better advantage, even in the most difficult cases, by systematically intermitting both traction and compression, even when the question of the child's life is not under consideration.

LEVERAGE.

The action of the forceps as a lever may be invoked in some cases, for the purpose of flexing or extending the head, but I hasten to add that it is not to be used to pry out the head by "to and fro" leverage, as is so generally taught. Denman, p. 376, recommended to use the forceps almost

exclusively as a lever. “The first action with them should therefore be made by bringing the handles, grasped firmly in one or both hands, to prevent the instrument from playing upon the head of the child, slowly toward the pubes, until they come to a full rest. Having waited a short interval with them in this situation, the handles must be carried back in the same slow and steady manner to the perineum, exerting as they are carried in the different directions, a certain degree of extracting force ; and after waiting another interval, they are again to be raised toward the pubes according to the situation of the handles.” As this would only alternately flex and extend the head, as well as interfere with any right direction of traction, it is no wonder that Denman preferred the vectis, about the use of which he appears to have had a more intelligent understanding. The more modern method is known as the “pendulum leverage” or “lateral oscillations,” and consists in swaying the blades from side to side while making traction. This is supposed to act on the principle of the ratchet. One side of the head is brought down and is expected to stay down while by a reversal of the instrument the other side is brought to the same or a lower level, and so on until it is extracted. Barnes claims to be able to deliver in this way almost without any traction. Even if it were true that this method of leverage was preferable to traction in the pelvic axis, and advanced the head, it is

pertinent to inquire how this is effected. If it is done at all, it must be by making each side of the pelvis alternately a fulcrum, against which the forceps are pried. As J. Matthews Duncan says, there is no toothed rack in the pelvis. Therefore, when we bring down one side of the head we must press it with great firmness against the pelvic walls if we expect it to retain its position while the other side of the head is being brought down. In other words, the steel blades of the forceps or the parietal protuberances are alternately jammed against the maternal tissues intervening between them and the pelvic walls upon each side whenever this delectable form of leverage is resorted to. And this happens whether the head really is advanced by it or not. That it does not advance the head seems to me to have been so clearly shown by Dr. A. H. Smith that I take the liberty of quoting largely from his paper (Fig. 25). "Let PW and P'W' be the pelvic walls in section made in the plane of the maximum diameter, and of that transverse diameter, the ends of which are grasped by the blades. Let MM' be the maximum diameter, corresponding with the axis

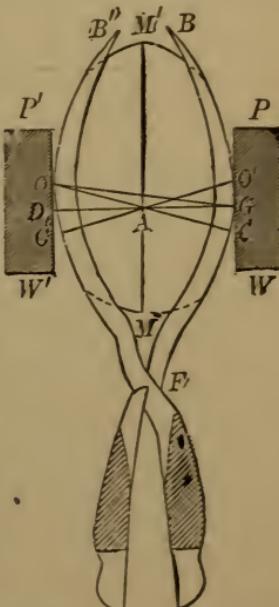


FIG. 25.—AFTER A. H. SMITH.

of the canal, GD the transverse (whether bi-parietal or other) these two crossing each other at A, which will then be the centre of oscillation of the head in any pendulum movement of the handles and the centre of motion in a direct traction. Let us draw through this centre two oblique diameters, OC, O'C', and also from the extremity of the line GD an oblique line to a point O, on the periphery of the head nearer to M'. FBB' will represent the blades of the forceps through the fenestra of which the tissues of the scalp should protrude sufficiently to rest firmly against the pelvic walls, unless the blades be narrow, when the scalp tissue will come in contact with the pelvis at the sides of the blades. . . . What will be the effect of pure oscillation, or leverage as it is called, with compression, but without traction, the method recommended by Dr. Barnes? The first movement, say, will carry the handles toward W; the head, then, being 'immovably united to the forceps,' must rotate upon an axis passing through A, perpendicular to the transverse GD, which transverse also rotates, the extremity G moving upward toward P, and the extremity D correspondingly descending toward W'. But as the diameter GD moves, so does the oblique diameter OC, passing through A, move also proportionally; C following G upward, as O follows D downward, and the extremities of this oblique diameter come to assume the position, in relation to the plane of the pelvis occupied before this lateral move-

ment, by the extremities of the transverse diameter. But we know that every oblique diameter of an ovoid passing through the centre of the greatest transverse diameter is greater than the transverse, and that the increased length is proportionate to the distance of its extremities on the periphery from those of the transverse. The more considerably, then, we move the handles towards W, the more we place the longer diameter of the head in the position originally occupied by the transverse diameter. As the handles swing back, approaching the median line, the diameter in relation with the plane diminishes until the handles pass the median, and are made to approach W' ; when the same change takes place in the bearing of the extremities of the oblique diameter O'C', and this diameter takes the place of the transverse against the pelvic walls. Here, then, we have a demonstration sufficiently clear . . . that oscillation without traction simply brings to press upon the pelvic walls, with a sort of slow vibratory impact, portions of the head farther separated from each other than the points which rested in contact with those walls before the swaying motion was started ; that while the pelvic wall is subjected to alternations of excessive pressure and partial relief, there is nothing in the movement itself to advance the head an iota, the side which descends with the swaying of the handles in one direction, ascending equally (unless driven down by the *vis à tergo*, which acts altogether inde-

pendently of it) when the handles are swayed in the opposite direction."

In the same manner he demonstrates that "leverage with traction is simply traction plus an aggravation of pressure upon surfaces already so tightly compressed by the circumference of the child's head as to obstruct its advance toward the outlet of the pelvis." As I have already shown, the proper direction of traction at first is not in the median line, but somewhat to one side, in the axis of the canal in which the head is placed. With every other lateral oscillation therefore, the head is so far forth impelled by the coincident traction in that axis, which may account for the success in delivery which is claimed for this method. But it is hardly necessary to add that it is not expedient to subject the mother's tissues to pressure for the sake of occasionally making traction in the right direction, when it is equally easy to make it directly and uniformly in a proper manner.

The forceps have a proper use as a lever; first in flexing the head.

a, Flexion.—A delay in the flexion of the head may be and not infrequently is the sole cause of delay in the advance of the head. We may, in such a case, apply the forceps and by simple traction deliver, but as the occipito-frontal diameter is thus kept coincident with the successive pelvic planes, unless the head is spontaneously flexed in transit by the influ-

ence of the pelvic walls, a greater amount of force is required to deliver than if the cervico-bregmatic diameter had been substituted. Preliminary flexion of the head is therefore very desirable. If the head is not flexed the blades of the forceps are not parallel to the occipito-mental diameter of the head when applied, which should be the case when the head is thoroughly flexed. After applying them in such a case, then, before thoroughly locking the instrument, we may elevate the handles. This will allow the blades to glide over the head and become parallel to the occipito-mental diameter. We then slowly and firmly compress the head with the handles in this position, and when the head is thoroughly grasped we return the handles to their original position, pressing against the perineum, at the same time pushing them gently farther into the pelvis in order to slightly lift the head from the brim while the movement is being made. This will flex the head, so that in some cases the amount of force required for extraction will be very slight, if indeed, the uterine efforts are not entirely sufficient. This manœuvre in competent hands is devoid of danger, but the blades must be upon the sides of the head, and we must, of course, accurately know the position of the head before attempting to change it.

In occipito-posterior positions the same principle may be brought to bear with great advantage. The rotation of the occiput forward is promoted by ex-

treme flexion. At the very beginning, we then, may secure this in the following manner : The handles are pressed back firmly against the perineum, as each blade is introduced. The head is then carefully grasped and the handles elevated. Traction is then made with the handles in an elevated position in order to keep the head flexed as much as possible. A similar elevation of the handles is sometimes useful during the perineal stage of an occipito-anterior position in order to extend an unduly flexed head. The application of the same principle in facial positions is sufficiently obvious, as well as in a condition of too great lateral obliquity in the vertex positions. As compression reduces the bi-parietal diameter, and flexion shortens the antero-posterior diameter, the combination of the two procedures decreases the entire circumference of the head.

b, Rotation.—It is also possible to use the forceps to rotate the head, but this application of the instrument is rarely proper or useful. In occipito-anterior positions the pelvic walls will effect rotation much better than we can, if we are careful to make the traction in the right direction. All we need do is to see that we do not hold the handles in such a manner as to interfere with rotation. But in occipito-posterior and mento-posterior positions the desirability of early anterior rotation is so apparent that there is a strong temptation to bring it about with the forceps at all hazards. In these positions, when the head is at

the inlet, it is highly improper to attempt anterior rotation with a pair of forceps having a decided pelvic curve. The form of the instrument distinctly prohibits this.

The voice of experience is equally clear against making the attempt with the straight forceps. If then we cannot secure anterior rotation by manipulation, either internal or external or both combined, we may apply the forceps to the sides of the head as it lies and make traction in the axis of the canal in which it is placed without any present reference to its rotation. We should exert as little compressing force upon the head as possible, for this reason. When the head nears the inferior strait it tends to undergo anterior rotation according to a mechanism described in a preceding section. As the parietal protuberances project through the fenestra of the blades the mere presence of the forceps does not interfere with this, and anterior rotation may take place by the head turning inside the blades of the forceps. This has not unfrequently been noticed. Decided compression tends to allow the head to come down without sufficient contact with the pelvic walls to compel rotation, especially if the tractile force is considerable at the same time. The fact of its occurrence will be generally indicated by a tendency of the blades to slide together posteriorly, when the forceps are unlocked in the intervals of traction. For as a uterine contraction comes on, before the forceps

are locked the head, in attempting to rotate, carries one of the blades with it, leaving the other stationary. This at least is the explanation I have framed from observing the phenomena, though it is not entirely adequate. For under these circumstances it may happen that as soon as the forceps are unlocked, and when there is no uterine contraction, the posterior edges of the blades at once approximate, which perhaps shows that during the last traction the head was prevented from rotating anteriorly by the manner in which the forceps were held ; but as soon as it is released from their influence it rotates, carrying one of the blades with it. If the position of the blades is not much altered they may be carefully made to come opposite to each other without withdrawing them, but if their relative position is much disturbed, it is an evidence that anterior rotation is nearly or quite complete, and they may be withdrawn and re-applied as in an anterior position. I have witnessed these changes taking place during the descent of a mento-posterior position, and have re-applied the forceps accordingly. The innocuousness of the proceeding was shown by the fact that not even a temporary imprint of the blades was discoverable upon the head immediately after birth. If the head is large it will not rotate within the forceps, but may rotate with them. It is in just such cases that it seems most plausible that we should force anterior rotation with the instrument. For if it fails

to occur we will have to drag the occiput over the perineum, or in the case of the mento-posterior position be utterly foiled in the delivery. Nevertheless, forced rotation will almost invariably prove to be a meddlesome interference. And although the situation seems to call for the limit of tractile force, we should also be very chary of this as well.

If traction is very powerful at this juncture, compression will almost certainly be also carried to its extreme limit, and we may pull the head through the inferior strait posteriorly and destroy all hope of anterior rotation. What is needed is moderate and patient traction, and a slight motion of rotation ; so slight as to be of little service for effecting a change of position in itself and only to test the inclination of the head. If the head is manifestly inclined to rotate it may be gently assisted, but force will do no good and may do harm. The head and the pelvic walls between them will determine the exact level and time at which rotation can be effected much better than we can, and we should therefore only assist it when actually being performed and not prematurely urge it. When the head is at the inferior strait so much of the blades are exterior, that the intra-vaginal portion of the instrument is sufficiently straight to make it entirely proper to allow the rotation to take place with the forceps applied. But when it has occurred they should be withdrawn, when they may be re-applied, or the case left to the

uterine contractions. There are two principal reasons for not attempting to force rotation. In the first place rotation is normally accompanied by descent. The head begins to rotate at the level of the ischial spines, but at the end of the movement may have reached the perineum.

The exact proportion of descent and rotation in a given case is determined by circumstances which we know nothing about in a given case, and not even a skilful operator can cause the head to rotate anteriorly as well as the natural conditions spontaneously bring about. On the contrary he may impede the process by his efforts. In the second place, a certain proportion of cases cannot be rotated anteriorly without twisting the neck of the child to a fatal extent, and doubtfully even then. When the back of the child's body is posteriorly situated in the womb this is true, and this cannot always be known beforehand or remedied by manipulation. To patiently make moderate tractions in such a way as not to interfere with rotation, and to keep the head well flexed, should be our aim in occipito-posterior positions.

WHEN TO USE THE FORCEPS.

The forceps may be used under the following circumstances.

I. For *delay* in the second stage of labor, arising from : *a*, uterine inertia ; *b*, small size of vagina ; *c*,

rigidity of maternal tissues ; *d*, obstructions from bands, etc. ; *e*, large size of head ; *f*, want of flexion ; *g*, pelvic deformity.

II. For delay in the first stage occasionally, as in : *a*, placenta previa ; *b*, rigidity of the os uteri ; *c*, absence of a natural dilating agent.

III. For certain accidents of labor, in any stage, and when rapid delivery is indicated, as : *a*, convulsions ; *b*, prolapse of the funis ; *c*, excessive uterine action menacing rupture.

IV. For certain secondary purposes as for : *a*, extraction of the child after rupture of the uterus ; *b*, after gastro-hysterotomy or clytrotomy ; *c*, for removing tumors and foreign bodies from the maternal passages.

The forceps have been and may be used for any of these conditions, though the advisability of their use in a given case must depend upon the individual circumstances then present, and not entirely upon a general rule.

I. It is first in order to define what is meant by delay in the second stage, or what measure of delay calls for the use of the forceps.

When the os uteri has become fully dilated and the liquor amnii has escaped, the great majority of multiparous women are delivered within a few minutes. A second stage of five or ten minutes' duration is very frequently observed and fifteen minutes is probably above the average in normal labor. In

primiparæ, the dilatation of the vagina and perineum usually takes up more time, so that from a half-hour to an hour is not far from the average in this class of cases. The length of the first stage has little to do with that of the second. A first stage of twenty-four hours may be followed by delivery in ten minutes, when once the os uteri is dilated, and a first stage of two hours may be followed by a second stage of many hours. The second stage may be protracted from any of the causes mentioned under this head at the beginning of the section, the most common of which is uterine inertia, or a want of *sufficient* propulsive power, for the term is a rather relative one. If the case is protracted beyond the average limit we may ask ourselves three questions : First, What harm does the delay do ? Second, Can we safely interfere ? Third, Of what advantage to either the mother or child will the leaving the case to "Nature" be ?

First. Delay in labor, especially in the second stage, injures the mother and child in direct proportion to the length of its continuance and the depth to which the head has descended in the pelvis. Each expulsive effort is attended with an expenditure of vital force, while at the same time the functions of digestion and assimilation are so interfered with that the drain cannot be kept up indefinitely. The woman is weaker with each pain. This is provided for in normal labor. The ideal woman during an ideal pregnancy becomes more robust and vigor-

ous during the whole gestation. She enters upon labor with a reserve of physical force entirely adequate for its performance, so that when delivery is accomplished she may arise, cleanse herself and the baby, and resume the ordinary functions of life with unimpaired vigor. But the ordinary civilized woman with whom we have most to do, finds even an ordinary labor a rather exhausting piece of work, and if it is at all long she requires a proportionately longer time in which to recuperate. Also, the average woman does not only approach labor with a very slight, if any, reserve of physical force, but is too often even below par at this time. Her urine is apt to be albuminous, her blood hydæmic, her digestion impaired, and if she is, under such circumstances, subjected to a long and tedious labor, she is in a ripe condition for all the diseases incident to the puerperal state. So far, then, as the expenditure of vital force is concerned, the sooner the woman is through with her labor the better. She is not only using up her strength by muscular contractions, but she is kept in mental suspense, and is not usually able to repair her energies by the taking of food. The continuance of the second stage also involves the pressure of the head of the child against the soft tissues of the mother, with an increase of the pressure during each pain. This pressure is least when the head is movable at the inlet, but increases in its capacity for evil at least, with each fraction of descent.

Its continuance may result in destroying the vitality of the tissues pressed upon. It is the most common cause of vesico-vaginal and other fistulas and predisposes to the occurrence of pelvic inflammation after labor. When the head is long detained at the inlet the anterior lip of the cervix is apt to become oedematous, which may occur to such an extent as to make it a further impediment to delivery. When the head is long detained at the inferior strait, or on the perineum, the latter structure often becomes boggy and inelastic, and is very apt to become lacerated subsequently. The irritation caused by the pressure of the head upon these structures, which are delicate and amply supplied with nerves, is apt to give rise to convulsions. The child's life is also endangered, especially when the detention is at a low point, for not only is the direct compression harmful but the uterus may grind off the placenta and thus destroy the child. That all these evils follow in the train of delay is universally conceded ; but to come to an agreement upon the time when the danger is imminent rather than prospective is more difficult. Before attempting to fix the danger line we may pass to the second question, "Can we safely interfere?" This depends upon the questioner. If he is ignorant of the anatomy and physiology of the structures involved, of the mechanism of labor, and of the nature of the forceps, he ought not to interfere even by his presence. But any one who is really qualified

to attend upon the parturient woman can interfere with perfect safety to mother and child.

The mere application of the forceps contains not a single element which is detrimental, and is not even painful. After they are applied they can hardly be said to touch the mother during traction, since the opposed surfaces of the head project through the fenestra. It is not therefore the forceps, but artificial traction, which is to be found fault with if the operation is objected to. The woman is unable to expel the child, for a want of expulsive power. We supply this power and the woman is delivered speedily instead of waiting indefinitely at great expense of vital force. Statistics are not always reliable, and I refer those who put their trust in them to papers by Ed. S. Dunster* and A. M. Fauntleroy,† merely citing one specimen. In the Rotunda Hospital, Collins used the forceps only once in 694 cases of labor, with a foetal mortality of 1 in 26 and a maternal mortality of 1 in 329. Harper used them once in 26 cases, with a foetal mortality of 1 in 47 and a maternal mortality of 1 in 1490. The average duration of labor was, in the first case, 38 hours, in the second, 16 hours. Barnes (*Obst. Oper.*, p. 280) says : " Properly speaking, the mortality from the forceps is *nil*. Women die because the instrument is used too late."

* *Proceedings of Michigan State Medical Society*, 1878.

† " *American Journal of Obstetrics*," January, 1879.

We gain further light from the answer to our third question, "Of what advantage will it be to leave the case to Nature?" The usual answer is, that we avoid the dangers of rapid delivery, allow the maternal tissues to be properly "prepared," and lastly, we leave the case in the hands of "Nature," who or which is all-competent and of benign tendencies. It is difficult to deliver with the forceps in less than ten minutes in any case, and thousands of women are naturally delivered in less time. The operation usually excites uterine contractions, and as a matter of fact, post-partum hemorrhage is rare after a forceps delivery, even when they have been applied on account of uterine inertia. And in the matter of preparation, when the labor has continued for an hour or so during the second stage, the tissues will be progressively unprepared and unfitted for delivery the longer it continues. A head stationary in the pelvis, at any point, is progressively congesting and infiltrating the tissues below it, and not preparing them. If it is not stationary, but is advancing with each pain, the pelvic canal is so short that there will be no delay. The truth is, that refuge is taken in a vague appeal to the powers of Nature by those who are too indolent to learn how to render assistance to the mother. In the words of the late Dr. Turney, "It sounds well to talk of trusting to Nature. It is sweetly suggestive of green fields, of flowery meads, of singing birds, of the gentle lullaby

of breeze and falling waters, and brings to mind all the pleasant sights and sounds which amuse us in a summer's ramble." But what are the facts? Nature has ordained that woman shall be safely delivered in a few hours. The defiance of the laws of Nature for generations has brought it about that the woman is unable to deliver herself without undergoing great danger. And if we were to leave all cases to Nature a great many women would die undelivered under this benign *régime*. It is not to Nature that we leave the woman, it is to the consequences of physical deterioration incurred in defiance of her laws. I cannot see what advantage there is in this, when we possess safe and efficient means for rescuing her and the child from these consequences.

The logical deduction to be drawn from these premises is, that when the os uteri is fully dilated, the child should be expelled promptly; and in the time observed to be usually consumed in normal labors. If it is not, the longer the labor continues the more danger the woman and child incur, and conversely, the sooner she is delivered by the forceps, the less risk will they run. While these deductions are fully warranted by the physical facts involved, they are subject to modification from certain considerations of a practical character. Many women have a horror of "instruments" and "operations," and will be unfavorably agitated by the early suggestion of their employment. Also, in the existing state of

lay intelligence, if anything whatever should go wrong with the woman after their employment, the physician and his forceps will have to shoulder the blame. On the other hand, Cazeaux mentions that the pains of women are sometimes greatly increased by the statement that the forceps must otherwise be used. Having due regard to these considerations, the following rule seems to me to be proper.

Whenever the second stage of labor has lasted two hours and the head is still stationary or advancing with great slowness, we should inform the patient that we are about to apply the forceps. If we explain the necessity and propriety of the operation we will rarely find any objections, especially if the woman is already tired of her fruitless sufferings. This rule may be deviated from according to the circumstances of each case, but it will more often be proper to shorten it than to protract the time of giving relief. There is no need of keeping the woman in suffering for hours solely that she may deliver herself, and still less for keeping her under the noxious influence of an anaesthetic for hours, when we can safely extract the child at will.

These remarks apply to all cases of delay in the second stage of labor, but it is necessary to qualify them in some particulars. Thus, in obstruction from cicatrical bands, persistent hymen, and the like, it may be necessary to incise the obstructing membrane before applying the forceps. More often, we

may wait until the band is made tense by the pressure of the head within the forceps, against it, before dividing it. A head which is enlarged from hydrocephalus can rarely be delivered by the forceps as well as by a preliminary evacuation of the fluid. But the forceps are useful as an aid to diagnosis in hydrocephalus, since the large size of the head is very clearly demonstrated by the wide divergence of the handles when the blades are applied. And if the head is very large the forceps cannot be applied at all.

In deformities of the pelvis the propriety of applying the forceps has been brought in question, and a few words of justification are in order. The pelvis is rarely deformed throughout its whole extent, the deformity being usually limited to either the outlet or inlet. When the outlet is deformed either by the approximation of the ischia or bending forward of the coccyx, the propriety of using the forceps is unquestioned. But when the deformity is at the inlet and is at all considerable, many prefer version to the forceps. Barnes says (*op. cit.* p. 244) that the proper range of the operation of turning is from 3.25 "to 3.75" of the conjugate diameter, at the latter point coming into competition with the forceps. Goodell substitutes version for the forceps when the conjugate diameter is between 2.75 and 3.25 inches. The limit is variously stated by different authors, but is recognized by the great majority as at least equal to the forceps in marked

deformities and often succeeding when the latter have failed.

The principles upon which this practice rests were first stated by Simpson. They are, in brief, as follows : First, the transverse diameter of the head can be lessened to a greater degree by the influence of the pelvic walls when the base of the skull is in advance than by the forceps when the head comes first. Second, a greater amount of force can be employed by pulling upon the body and neck of the child, combined with supra-pubic pressure, than by the forceps.

Traction upon the body of the child is capable of greatly compressing the head. Of this there is no doubt. It can be exerted to the extent of producing deep indentations in the parietal bone by pressure against the promontory. But it has its limits. Duncan has shown that on an average the child's neck breaks with a force of 100 pounds and decapitation ensues when the force reaches 120 pounds. We have then a distinct limit to the amount of force which can be exerted by traction after version. The same experimental data are wanting for the forceps, but all the force which they can exert will not affect the integrity of the foetal structures, and there is every reason to suppose that a force of over 120 pounds can, if necessary, be brought into requisition. The main question is whether it is true that the bi-parietal diameter can

be diminished to a greater extent when the base of the skull is in advance.

It is alleged that the base is much narrower than the upper part of the skull, the bi-mastoid diameter being from four to nine lines less than the bi-parietal. Hence, when the vertex comes first, the head tends to flatten out, while when the base comes first, the diameters are progressively diminished during its progress. This is true enough, but we should

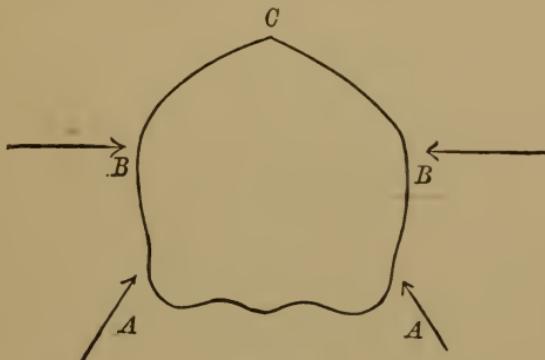


FIG. 26.

contrast the state of affairs in version, not with those obtaining in unassisted vertex labors, but when the forceps are used. Which has not been fairly done. Fig. 26 represents a transverse section of the foetal cranium. When the base is in advance the compressing force of the pelvic walls will act in the lines indicated by the arrows AA. But when the forceps are applied to the sides of the head they exert their compressive force in the lines BB, or directly. To say that the parietal bones may be made to overlap

at C by forces acting in the lines AA, better than when acting in the lines BB, is absurd.

Thus we are driven to the conclusion that version cannot be superior to the forceps, or an elective substitute for it, when it is possible to apply the forceps to the sides of the child's head. The difficulty of so applying them has been, I think, greatly exaggerated. The deformity usually occurs upon one side only of the pelvis, *i.e.*, one sacro-iliac symphysis only has been affected by disease. As the result, one of the pelvic canals is impaired or destroyed, but



FIG. 27.

AFTER SCHROEDER. the other is not necessarily interfered with. Such a state of things is shown in Fig. 27, from Schroeder. But when the conjugate diameter is reduced to 3 inches or less, both of the canals are impaired and the normal mechanism is entirely altered. I admit that the difficulty of grasping the head in its bi-parietal diameter increases with each degree of contraction below 3 inches, but we can at least place them obliquely upon the head in every instance. When this is done, we can bring to bear upon the head the compressing force of the pelvic walls nearly as well as when it is dragged down with the base in advance, and without the risk of breaking the child's neck, or any of the unavoidable dangers attendant upon delivery by the breech. And in addition we will have such compressing and moulding

power as is afforded by the forceps. Nevertheless, if in any case we find it impracticable to apply the forceps to the sides of the head, we would be justified in resorting to version, if the latter were a generally safe procedure. Since head-last labors have a mortality to the child of at least fifty per cent, and since version is attended with decided danger to the mother, especially when performed through a contracted inlet, and also since when it fails we have to resort to craniotomy at a great disadvantage, this cannot be claimed. I cannot then conceive of a case in which version is justifiable as an elective procedure. If it fails, nothing remains but craniotomy. If after applying the forceps we have not enough skill to deliver, then perhaps version may be tried before the last resort.

The manner of using the forceps in a deformed pelvis differs but little from that which is appropriate in the normal pelvis, and that little will be different in each case because scarcely two deformities are exactly alike. One general feature has been pointed out by Barnes, viz., that the promontory of the sacrum usually projects and the head has to make a curved progress around the promontory before it can enter the axis of the pelvis, which he calls the "false curve of the promontory." The effect of this forward jutting of the promontory I conceive to be simply to equally push forward the head and greatly exaggerate the backward direction of the

pelvic axis. Hence it is often useful to begin our efforts at extraction in these cases by pushing the whole instrument downwards and backwards in the direction of the sacro-coccygeal junction, without any traction in the ordinary sense of the term. The exact nature of the deformity cannot always be made out at the time of labor, but we can always form a correct idea as to the direction in which the head ought to move in order to pass the narrowed inlet. When this is carefully ascertained, we will find that a comparatively slight amount of force is often enough to bring the head past the obstruction, after which it usually progresses without further hindrance. It is worth while spending any amount of time in being certain as to the axis in which the head is to move, for traction in the wrong direction will be tenfold more useless in a deformed than in a normal pelvis.

II. It is sometimes proper to apply the forceps during the first stage of labor, or before the os uteri is fully dilated. But although we have advanced in the obstetric art far beyond the point when a delay of at least six hours upon the perineum was regarded as an essential prerequisite to their application, a degree of conservatism is necessary upon this point. For there are some unavoidable dangers attendant upon their use during the first stage, and the necessity for their employment should evidently counterbalance these before we resort to them. These dan-

gers are, first, the possibility of bruising the cervix during the introduction, which in skilful hands may be reduced to a minimum ; and, second, the probability of lacerating the cervix when we come to making traction and cause the head to be pressed against it. For this there is no avoidance except in imitating the natural course of labor in making the traction moderately, intermittently, and patiently, so that the head may evenly and with as little haste as possible dilate the cervix before passing through the os. And yet in the very cases in which the procedure is most likely to be demanded the cervix is most indisposed to dilate without laceration.

The fact that a laceration once begun may extend indefinitely and end in a veritable rupture of the womb, makes this consideration too important to be lightly passed over in deciding upon the use of the forceps in the first stage. The indications which suggest their employment are as follows : First, long delay due to the existence of organic rigidity of the cervix. The most notable case illustrating this use of the instrument is one reported by Roper, 1874, in which the cervix was four inches long and as thick as a man's wrist. After labor had lasted forty hours, seven incisions were made, and gradual dilatation allowed to proceed for sixteen hours, after which the forceps were applied and a living child extracted. This is an extreme case, but the principles of treatment are the same in lesser degrees of organic

rigidity. First, incision, which should not be deferred so long as in this case ; second, a brief period for further dilatation by the natural powers, and then, or indeed as soon as the forceps can be applied, they may be used to further the dilatation by increasing the force with which the head is pressed against the cervical rim. If incisions are unnecessary, so much the better, but in true organic rigidity they are usually demanded. The greatest care and gentleness is called for during traction, which if at all sudden or violent, would be sure to do harm. In this way we bring a more efficient dilating force to bear against the cervix than in any other possible way. The fact that traction must be made with moderation, and will probably last for some time, is a valid reason for resorting to it early in the labor. We must not wait until the woman is exhausted by her efforts before we begin, or the desperate nature of the circumstances will impel us to work faster than we know to be judicious.

In functional or spasmodic rigidity of the cervix, which has resisted other methods of treatment, it is also allowable to apply the forceps as soon as they can be introduced without violence. There are also certain cases in which the liquor amnii is early evacuated and the head of the child fails to take the place of the bag of waters as the natural dilating agent. In cases of unusual pelvic or uterine obliquity, or when from any cause the head is not forced

against the cervix after the evacuation of the liquor amnii, the os fails to dilate. In these cases we will usually find that the cervix is early dilatable although undilated, and if by external or other manipulation the head cannot be made to engage, it is proper to apply the forceps, since otherwise the second stage is not likely to begin.

The duration of labor in the first stage which calls for the application of the forceps varies to a much greater extent than in the second stage. The first stage is extremely variable in length even in the same individual in different labors, and its pains can almost always be endured for a much longer time than those of the second stage. Hence, a duration demanding assistance must be determined in each instance by the condition of the mother. All other approved means are to be tried before resorting to the forceps, but if her condition is at all unfavorable, we should have no concern as to the mere number of hours which have elapsed, but proceed at once to render assistance. Another application of the forceps during the first stage is for the complication of placenta previa. It is sometimes recommended to introduce the forceps after a sufficient amount of dilatation has been secured, merely to cause the head to press against the cervix and so arrest the hemorrhage. This, to be entirely successful, would require the head to be constantly pressed against the cervix. It is much better to first detach the placenta from

the cervical zone, after the manner of Barnes, after which the hemorrhage usually ceases. If previous loss of blood and other conditions make it necessary to deliver forthwith, the forceps may then be used, and this application of the instrument is one of the most useful of the modern purposes to which it has been devoted. For without it we must resort to the more formidable operation of version, or await the slow, often fatally slow, spontaneous dilatation of the cervix.

III. Certain accidents of labor require a more or less prompt termination of the labor. In prolapse of the funis, when it cannot be permanently replaced, the forceps may be used in the interests of the child. The forceps blade may be of great utility in itself, in pushing the funis up and out of the way, after which we may make as much or as little traction as is called for, and either promote the delivery with them or allow it to go on without further interference. This will not interfere with the trial of the genu-pectoral posture in replacement. This position has been found useful as a preliminary measure in the application of the forceps in these cases, and is also recommended by Mossmann (*Am. Journ. Obst.*, Jan. 1879), in certain cases of spinal and pelvic deformity. There is such an entire reversal of direction in this position that the operator must know well what he is undertaking ; otherwise it is calculated to be of service.

Convulsions.—The typical puerperal convulsion comes on usually when the head has reached the inferior strait and the bearing down efforts of the mother give rise to cerebral congestion. The indication is then plain to apply the forceps at once and deliver as speedily as possible, administering ether in the meantime, if it is at hand. We thus eliminate one of the causative factors of the eclampsia and generally put an end to the seizures. In the cases which occur during the first stage, rapid delivery is not so necessary. We have ample time to obtain the influence of chloral by the mouth or rectum, bleed, or otherwise control the convulsions according to our lights. Dilatation is usually rapid, and when complete we can apply the forceps with less risk. In cases of hemorrhage before delivery the forceps also afford us the means of promptly terminating the labor.

IV. When rupture of the uterus has taken place, the prevailing practice is to deliver *per vias naturales*, either by the forceps or version if possible. The propriety of this begins to be questioned. First, we will probably enlarge the rent already made. Second, we leave the rent to close spontaneously, which seldom happens. Thirdly, we do not take away what is quite as important should be removed as the child, the blood and fluids which escape at the time of rupture. The elaborate statistics of Dr. Trask show a better percentage for gastrotomy than for ordinary delivery and with the improved

methods of operating now in vogue there is no reason why a much larger percentage should not recover if we should at once proceed to open the abdomen after the accident. The child can be removed, the rent united by suture, the abdominal cavity thoroughly cleansed from extraneous fluids, and the woman will be no worse off than after the Cæsarean section instead of almost uniformly perishing, as when the abdomen is left unopened. It is true that gastrotomy may be performed after delivery *per vias naturales*, but the latter is an unnecessary step, and the former would be frequently refused by the woman or her family if she had been already delivered. Prevention is better than cure, and the forceps will be found much more useful as a preventive of rupture. When the uterine contractions are very forcible without having any appreciable effect upon the head, we may justly fear the occurrence of rupture of the uterus. The exact amount of contraction which justifies interference may be left to the judgment of the practitioner at the time. The forceps may also be used for purposes foreign to their original design. They may be inserted into the incision made in the Cæsarean section or gastro-elytrotomy, in order to grasp the head. They may be used to deliver detached fibroid tumors from the vagina, or to extract foreign bodies, such as globe pessaries. But for such purposes the mechanical tact of the operator in each case is a sufficient guide.

A few words may be added as to the possibilities for harm possessed by the forceps. So far as the mother is concerned we may reiterate the statement that there is nothing in the right use of the instrument which can by any possibility injure her. The animadversions of the earlier writers were due, in part, to their wrongly attributing to the instrument what is the result of delay in labor, and in part to the unavoidable injuries caused by an instrument without a pelvic curve, to say nothing of the heavy, thick, leather-covered blades which formerly belonged to the forceps. But with the modern instrument we can do harm only by violence in introduction, a wrong direction in traction, or by too great haste in completing the delivery. The anterior lip of the cervix has been ground off, the pubic bones have been fractured, the vagina lacerated, by such improper uses ; but none of these things will happen when the forceps are used as herein directed and as common-sense would dictate. And in the normal or but slightly deformed pelvis, it is equally true that the forceps need do no harm to the child, if applied to the sides of the head and used intermittently and judiciously. It must be admitted that even those who are skilled in their use are occasionally mistaken in the diagnosis of the position of the head, and hence apply them over the brow and occiput, but this should not be laid to the charge of the forceps. So, also, when the head is at the inferior strait, but

has not completed rotation, the exact state of affairs may be overlooked and the forceps applied obliquely upon the head. In occipito-posterior positions, especially when flexion has not taken place, the ends of the forceps may unavoidably compress important structures, and in deformed pelvis indentations of the cranium may be caused by the jutting promontory.

We may have, then, as the result of the forceps, bruising or laceration of the child's scalp, facial paralysis, asphyxia from compression of the medulla, indentations of the cranium. All of these are avoidable by applying the forceps to the sides of the head, except those due to compression of nerve trunks in occipito-posterior positions. Against these we have no safeguard, except the early securing of flexion so as to bring the line of the blades parallel to the occipito-mental diameter, and, failing this, the utmost care in compression and traction, which as already pointed out, is proper for other reasons as well. Direct indentations of the cranium are rarely if ever caused by the direct pressure of the forceps, but the amount of traction necessary to bring a head past a jutting promontory may cause the latter to indent the head, as happens also in head-last labors. The etiology of indentations in general is well worked up by Dr. J. Trush, to whose paper* the reader is referred for a more extensive discussion.

* "American Journal of Obstetrics," July, 1879.

PART III.

APPLICATION
AND
CASES.

CRITICAL REMARKS.

THE shape and directions of the pelvic tube as described in the pages devoted to the "Anatomy of the Pelvis" call for more than a passing mention. The first point of importance to be mentioned is outlined on page 21, and more clearly demonstrated in the following pages. The pelvic canal is a double one, being in reality two canals whose axes gradually approach each other from above downward until they meet and unite into one as the axis of the outlet. Fig. 7 shows the shape and direction of these two canals from the inlet to the pelvic tube. A is the sacrum, and the dotted lines A B and A C complete the outline of the beginning of the two elliptical tubes of which the pelvic canal is composed. A part of the pelvic inlet, the spherical triangle A B C, is common to each of these ellipses. These elliptical outlines form the beginning of the right and left pelvic tubes, the axes of which approach the median line as they descend in the pelvis. They also participate in the general curvature forward which is shown by a median section to exist in the pelvic canal. Their junction at the outlet forms the axis of that part of the canal.

It is needless to recapitulate the proofs of the existence of this duality in the pelvic tube. The inspection of any normal pelvis will demonstrate its presence at

the inlet, and careful observation of any normal labor demonstrates it by the movements of the fetal parts, the head being engaged in either one or the other of these canals. This gives rise to the different presentations, which might with propriety be divided into two, the right and the left. The entrance of the fetal head into the left canal would be the left presentation, and its entrance into the right canal, the right presentation. These of course have a further subdivision, according as the occiput is backward toward the sacro-iliac synchondrosa or forward toward the acetabulum, as "posterior" and "anterior" in each canal. This gives the four presentations usually described.

Knowledge of the existence of these two canals and of their relations to each other and to the presenting part is of the utmost importance to a definite understanding of the mechanism of labor. A definite comprehension of the mechanism of labor is an absolutely necessary prerequisite to the correct use of the forceps. Consequently a correct and intelligent use of the obstetric forceps is impossible without a thoroughly accurate knowledge of the correct anatomical formation of the pelvis and the directions of its canals.

The fact that the fundus uteri is not in the median line at any time during the first, and rarely during the second, stage of labor is another evidence of the obliquity of the line in which the uterine forces act. In the early stages of labor the uterus can always be felt at one side of the abdomen of the mother, and the oblique direction

of its axis can clearly be demonstrated by palpation. In many cases it is possible to determine in which canal the presenting part has engaged from an examination of the abdomen alone without examination per vaginam. It is never advisable to rely on this kind of superficial examination, but much assistance can be received from carefully outlining the position of the uterine body in determining an obscure presentation when the head is yet high and difficult to reach.

No one should attempt to apply an obstetric forceps until the presentation has clearly and definitely been determined. These instruments have been made after much effort and care being devoted to adapting their curves to fit the fetal head, as well as to conform to the curves of the maternal parts. Consequently they cannot be properly applied to the head unless its exact position is known to the operator. That this care is not always taken is shown by the marks the forceps blades frequently make on the fetus. As a rule these marks disappear in a few days, but their position tells the story of faulty or rather hap-hazard application. The fetal mortality would be much less from the use of forceps if this ignorant or careless manner of using them was eliminated.

The blades of the forceps are intended to fit over the parietal eminences of the head of the child. If there are *fenestræ* in the blades (as there should be) the most prominent parts of these eminences will project through to such an extent that the bi-parietal diameter of the

head is not increased by the blades of the instruments when properly applied. The part of the head to which the blades are applied is of importance to the integrity of the intro-cranial parts of the fetus. The prominences on either side of the head come in contact with the maternal parts in a normal delivery. They receive the greatest amount of the pressure and are adapted to receive it without injury to the contents of the cranium. If pressure is required to make the head smaller, the overlapping at the inter-parietal suture will permit considerable shortening of the bi-parietal diameter. This can be aided by pressure with the forceps blades if the instruments are in their proper position around the fetal head. This pressure can be exercised during each pain and removed by separating the handles during the intervals between the pains. In this, as in all aids to natural processes, it is safest to imitate the natural method. The soft parts within the skull are rarely injured by pressure that is not exerted during too great a period of time.

When the forceps blades are applied to any other part of the head pressure does harm in at least two ways. It is applied to parts of the head that cannot be compressed without injury to the soft parts within, and pressure to lessen the other diameters has a tendency to increase the bi-parietal diameter.

A number of cases have come under my observation in which I am sure the death of the fetus was directly due to pressure of forceps blades on a part not adapted

to receive it: or to speak more exactly, to parts which the instrument was not shaped to fit. This has most frequently occurred when the blades embraced the occipito-frontal or oblique diameters. Cases will be given in detail in the following pages to illustrate this fact.

The second result may not be so evident as the first, yet it can be as clearly demonstrated. In normal labor the occipito-frontal diameter is not the one that needs shortening. In a normal case, this is accomplished by flexion of the head on the trunk, thus substituting the shorter diameters for the occipito-frontal. If the flexion is only partial the bi-parietal diameter and the shortest antero-posterior diameter are each in the plane of demi-flexion. This shortest antero-posterior diameter is the cervico-frontal and is considerably shorter than the occipito-frontal. If complete flexion is required to permit the head to pass the diameter of its position in the pelvis, the cervico-bregmatic is yet shorter than that of partial flexion. This mechanism of normal labor makes shortening of the antero-posterior diameters of the head by pressure unnecessary. The exercise of pressure in this direction must cause bulging in the other diameters, and particularly in those at right angles to the line of pressure, *i. e.*, the bi-parietal. This is precisely the diameter that requires shortening if any from pressure is needed.

Again, if the forceps are applied so the blades press against the ends of the bi-parietal diameter, and flexion is not produced by the unequal resistance the head

offers to the force from above, it is possible to cause it by moving the handles towards the face of the child. Again the necessity of knowing the exact presentation is evident, or we might retard, instead of assisting, flexion by mistaking an anterior for a posterior position, or *vice versa*. The manner in which flexion occurs in a normal labor, because of the force from above being communicated to the head nearer its posterior end, needs no further elaboration here.

THE PERINEAL BODY.

It is customary to think of but two forces in the mechanism of labor. They are the contractions of the uterine muscle and the assistance it receives from the contractions of the abdominal muscles and the diaphragm. Another element that is sometimes considered in this connection is the action of the inclined planes of the bony pelvis which gives to the head its rotary motion. This is not properly a force at all, but simply a resistance causing a change in the direction of the movements caused by the first mentioned forces. There is no active force exerted by the walls of the bony pelvis *per se*. But there is another force, active and important in its bearing upon labor, that rarely receives any attention when considering this subject. This is the action of the perineal body.

The perineum is the name given to that portion of skin between the rectal and vulvar outlets, and extending as far as the ischiatic protuberance on either side of

the median line. The more important perineal body is made up largely of fibrous tissue and muscles attached thereto. This structure is of triangular shape, the lines of the triangle being the perineum, the anterior wall of the rectum, and the posterior wall of the vagina. To one familiar with the anatomy of these parts it is apparent that the last named side of the triangle is the longest, and the side bounded by the perineum and seen externally is the shortest. The angle formed by the lines that meet at the anus is an obtuse angle. None of these sides are absolutely straight lines, and the vaginal boundary is a decided curve. This curvature is increased when the vagina is distended. The concavity of the curve faces anteriorly and upward.

The muscles attached to the fibrous perineal body should be considered as a part of it when describing it. They are attached to the coccyx behind, the pubic arch in front, and the ischiatic rami and protuberances at the sides. These muscles are placed in such a way that any shortening in their fibers will cause the muscles to draw upon the perineal body. When all these muscles act at once, this body is caused to move upward and slightly forward. The perineal body is really the point of attachment, in or near the center of a blanket which forms the lowest layer of the pelvic supports. The four corners of this muscular blanket are attached, as above stated, to the coccyx, the pubic arch, and the ischii. The vagina and anus are simply linear openings in this support.

In labor the head progresses downward and backward until it reaches the lower limit of the bony pelvis. By this time it has usually escaped from the cervix and this stage of labor is completed. The presenting part then comes against the posterior wall of the vagina. This is the longest side of the perineal triangle. As the forces from above push the head against this resistance, the muscles supporting the perineal body also contract, raising that part. This has the effect of deflecting the direction of motion of the fetal part, causing it to move in a line forward and slightly downward. This line of motion is in the direction of neither of the forces acting upon the presenting part, but is a resultant of their combined action.

The change in the direction of the motion of the child in the parturient canal above outlined, cannot be ignored in the use of forceps, without disastrous results. Many torn perinei result from failure to remember this mechanism, in labors where no artificial aid is required.

When the head comes against the posterior wall of the vagina, and the perineal body, drawn by its muscular attachments, becomes a factor in the mechanism producing the expulsion of the fetus, the action called "extension" begins. If the head has passed under the symphysis pubis, this movement can be aided by raising the handles of the forceps. This must be done while the fetus is descending, and the utmost regularity is needed to make it free from danger to the perineum. When the head has been expelled from the vagina it

must be held up either by the hand or the forceps, and not be permitted to fall backward. A lacerated perineum is sure to follow neglect to observe this precaution. The maternal parts must be protected in the same way during the birth of the lower shoulder. It is well to carry the child upward toward the mother's abdomen, keeping all the weight possible off of the perineum. Hurry to get the child out should be avoided, and it is better not to introduce a finger into the axilla, as is so commonly done. The life of the child is rarely endangered by a little delay in this stage of the labor, and the integrity of the maternal parts is greatly conserved by avoiding haste at this time.

The perineum may also be ruptured by efforts to remove the placenta. This is particularly the case where the hand or any portion of it is introduced into the vagina for this purpose.

THE USE OF THE FORCEPS.

The following extracts from a report of a case published in a recent medical journal will illustrate the need of a better knowledge of when and how to use the obstetric forceps. "It took fourteen hours before any degree of satisfactory position was obtained. *The struggle then commenced in earnest.*" "I applied brandy over the epigastrium, cold water over the fundus, and a faradic current of electricity on the sides of it." Later, after "the facial muscles began to twitch, showing symptoms of convulsions," only controlled by

"a powerful antispasmodic," the second stage of labor began. The history goes on, "When at last the occiput presented at the vulva, it met with such a firm opposition in the perineum that it took five hours to dilate sufficiently for the passage of the head." "The whole labor consumed forty-two hours. Mother and child are safe and doing exceedingly well, the perineum is intact, and my record of never having resorted to forceps, nor lost a woman in confinement, remains still unbroken during the past thirty years."

This history shows several things. The writer of it feels that a labor of forty-two hours, allowing the patient to become exhausted to the point of impending convulsions, is preferable to the use of forceps and a possible lacerated perineum. I yield to no one in my appreciation of the importance of the perineum. But suppose it is shown that the liability to rupture that very important body is not increased by the use of the forceps when intelligently handled? Would the doctor then be willing to break her record in regard to their use, rather than keep a woman on the rack for forty-two hours?

To me this history is as terrible as the stories of horrible sufferings from torture, with which ancient history is filled. And I hope the time is not far distant when such treatment, or rather want of it, will be ancient history; when a "record" like the above will be something to regret (if a stronger word is not called for), instead of cause for pride and self-congratulation.

I have a "record" too, though I have not practiced

thirty years. I have never lost a woman in the puerperal period or following abortion, and the cases have been numerous and scattered over all classes of society. This record can be equaled by many older men than I, and I consider it a matter more of accidental circumstances than a result of special skill. It certainly is not due to not using the forceps. I never go to a case of labor without these valuable instruments, and I never hesitate to use them when indicated.

In regard to rupturing the perineum, the worst case I ever saw occurred when no instrument had been used, nor was there any indication for its use. I believe, the proper use of the forceps would *save* the perineum in many cases, where it would be torn if delivery was permitted to terminate without them. I also believe, that many children would be born alive, and free from injury to the intra-cranial organs, if the forceps were judiciously used, that are now dead-born, or if they survive suffer from cerebral lesions, which either eventually destroy their lives or permanently impair their usefulness.

It is self-evident that harm can be done with the obstetric forceps, and injury is frequently the result of their use. But can one who points with pride to a "record" of never having used an instrument be considered a competent critic?

Equally reprehensible is the physician who is always in a hurry to get the case finished. He uses the forceps to save his own time, applying them as soon as the cer-

vix is dilated to a degree sufficient to admit of their easy introduction. Physicians of this class are largely responsible for the fears of injury from the instruments so frequently expressed. The torn perinei are many of them caused by undue haste. The physician who is in a hurry is not apt to be careful in his technique. Time is frequently required to make out the presentation, and more time and care is needed to adjust the forceps blades properly to the head. Again, further time is consumed in directing the forces in the direction of the least resistance, rotation and flexion have to be assisted, and time, to know the proper stage of each of these movements, is again called for. All these things must receive patient consideration. But patience is just the article the "hurry" obstetrician lacks most. His "time is valuable." What cares he for a "little tear." He can easily sew it up again, either by immediate or later operation. Consequently he applies the forceps without knowing where. If he can get the blades around the head and lock them he is satisfied. Then comes the "assistance." He is the man who pulls long and hard, often drawing the head directly against the symphysis pubes, bruising the anterior lip of the cervix and adjacent soft parts, it may be, injuring the urethra and bladder. The cervix sloughs as a result of these bruises and, if torn, does not unite as it would if simply torn without bruising. When the head is brought to the perineum, that part is ruthlessly torn asunder by drawing too much backward. The soft sides of the parturient canal

are bruised and injured by the side to side motion given the head, in frantic efforts to bring it through a tube, that contains important organs, capable of injury. Finally the head is born and dropped, while the shoulders are drawn down and out, a portion of the hand being frequently introduced into the vagina, in order to get a finger in the axilla, by which to make traction. If the perineum has not been already torn, this maneuver can easily break it through, and a small tear can easily be made a serious one by it. Yet women and children survive this treatment. We read cases where precisely these actions are described in published accounts. The sequence is seen in the large number of gynecologists who are kept busy treating the injuries resulting from such unwise use of the forceps.

The results to the fetus can be found in the number of children born dead, or who die from resulting injury to the brain during the first weeks after birth. A few receive injuries that make them sufferers from epilepsy or other brain disorder, yet are not sufficient to kill.

The preceding pages have given a description of the two extremes in regard to the use of instruments to aid delivery. The first is not so common as the second. The number who refuse absolutely to give assistance in such cases is small, when compared to the number who use them. Yet a very considerable number of medical men are what they call "conservative" in this matter, and put off the use of forceps, hoping that "nature" will eventually complete the delivery without their aid.

Is not much of this "conservatism" due to uncertainty as to when the time to use them has arrived? The indications for the use of the obstetric forceps should be as clear as the indications for opening an abscess. If the manner of using them was as thoroughly understood as the manner of using a lancet, perhaps less uncertainty as to when to use them would exist.

If the directions given in the preceding pages are carefully studied and mastered, no doubts will exist in the mind of the physician thus informed. The result will be many hours of pain saved for suffering women. The saving of strength consumed in prolonged labor is no inconsiderable item, and the future condition of the woman is more favorable for continued health when this call upon her vitality is reduced to a minimum. Let a man subject himself to forty-two hours of almost continuous muscular effort, without pause for sleep or nourishment, and see how long he will require to regain his former strength and well-feeling. Many weeks are frequently required to restore the patient to her former health, after these prolonged labors. Could she be worse with a little tear in her perineum? Prolonged labor is no guarantee that she will be saved by it from that catastrophe, even though no instrument is used to aid her. The forceps properly used should not tear the perineum.

PREPARATION FOR THE USE OF THE FORCEPS.

When it has been decided that the uterine muscle needs assistance to enable it to expel the fetus within a period of safety to the mother and child, several things should be done preparatory to the introduction of the instruments. Some of these will frequently have been done already as part of the routine preparation for delivery. But in order to be systematic all will be mentioned. They can be divided into three groups. Preparation of the surgeon, preparation of the instruments, and preparation of the patient.

Preparation of the Surgeon comes first, and requires the most punctilious attention to routine. In the first place, as Prof. McLane tells his classes, the custom of having a special obstetric suit cannot be too much condemned. The clothing should be clean, and free from germs of any kind. Every obstetrician should know the danger of attending cases of erysipelas, or other contagious or septic diseases, at the same time he attends confinements. Puerperal septicæmia is sure to result. Stains from autopsies or operations are also sources of danger, and should not be carried into the lying-in room.

To protect the clothing it is well to improvise some covering. A large apron can usually be found that is clean, or a large towel can be pinned around the waist. The hands and arms must be cleansed as thoroughly as for any other surgical procedure. This should include

thorough scrubbing with soap and warm water, or better, some tincture of green soap can be poured over the hands, and the arms thoroughly washed with warm water. The finger nails must be cleansed and scrubbed. After the hands are dried it is advisable to pour ether over them and the arms, and bathe them well in this fluid. This ether bath should be taken just before approaching the woman to introduce the instruments, and after everything else is prepared.

Preparation of the Instruments includes scrubbing in the green soap solution, to be followed by immersion in boiled water at a temperature of 80° C. They should then be laid on a clean towel within easy reach, and just before using should receive the same ether bath as is given the hands.

Preparation of the Patient, while given last, should be first attended to. To begin with she should have an enema to cleanse the rectum. The best fluid for this purpose is warm water containing tincture of green soap and some glycerine. The soap must not be so strong as to cause discomfort by the smarting produced. The vagina should then be douched out freely with warm water; the last quart or two may have bichloride of mercury (1 to 10,000) or acid carbolic (1 to 40). I prefer borax or boric acid, two or three drachms to a quart, to the stronger, and consequently more dangerous, germicides. After the vagina and rectum are thus washed out, the external genitalia must receive attention. The vulva, mons veneris, and the adjacent skin on thighs, abdo-

men, buttocks, and perineum should all be subjected to a generous scrubbing with warm water containing the tincture of green soap, and again washed in clean warm water to remove the soap, after which ether should be poured over and rubbed through all these parts. It is especially desirable to see that the parts covered with hair are cleansed with thoroughness, and the hair itself made scrupulously clean. If any difficulty is found in securing this result the hair must be removed, and the parts under it then cleansed.

It is unnecessary to add that the bed and the clothing of the patient, and everything about her, requires the same scrupulous care that it is clean, and it should be kept so by removing soiled pieces at once.

The position of physician and patient, and manner of introducing the blades, have been described with sufficient minuteness elsewhere, and need no further mention here. But I must again call attention to the futility of all attempts to successfully use the obstetric forceps, unless the presentation is exactly known before the blades are allowed to pass the vulva. They must be applied at the sides of the fetal head, over the parietal eminences. I have seen children delivered by forceps, with the mark of one blade over the forehead or face, the other blade having been over the occipital protuberance, or caught over the mastoid process. These babies are generally dead born, I think as a direct result of the pressure. The pressure of the instruments on the long axis of the head also tends to increase the

biparietal diameter, and act as an impediment to delivery rather than as a help. These are the cases in which excessive force is required, and usually result in a torn cervix and perineum, as a consequence of the improperly applied instruments. The surgeon who produces these results because of incorrectly applied instruments is an incompetent operator, and should get some one to apply forceps for him when needed and when the exact presentation is accurately defined. The work of such men causes conscientious physicians to go to the other extreme, as in the case of the doctress already quoted, who boasts she has never used forceps during over thirty years of obstetric practice.

SYMPHYSEOTOMY.

The consideration of "How to Use the Forceps" will not be complete without mention of symphyseotomy. This operation is done when the pelvic canal is too small, from deformity or other cause, to allow the fetal head to pass. In itself the operation is a simple one. The symphysis pubis is opened, and the rami forming the pubic arch are permitted to separate. This widens the pelvic canal, and will permit a fetus to be extracted with the forceps, much larger than could otherwise come through the bony pelvis without destroying the life of the child. The operation has been occasionally done during a period covering a number of years, but the past year it has become more in vogue than ever before.

The indications for the use of symphyseotomy are not frequently met, and it will not be resorted to so frequently after it has ceased to be new. The field for the operation is limited. The amount of increase in the interpelvic measurements, safely made by it, is limited to about one inch in the transverse diameters. This will also lengthen the antero-posterior diameters of the right and left canals, as described in Section I, but to a smaller degree.

The chief risks attending the operation are sepsis and deformity, resulting from the failure of the bones to reunite after the delivery. Both are liable to occur. Sepsis is frequent because of the presence of septic material in the immediate vicinity of the field of operation. It can only be avoided by the care of physician and nurses during and after the operation. Death in cases reported is usually from this cause.

Failure of the bones to reunite is not common, and should not occur in a properly selected case. If the bones are diseased the operation should not be attempted. Absence of union of the pubic arch will destroy the support of the trunk by the femurs, and leave the woman unable to walk or stand.

The operation itself is easy to perform. After the parts have been cleansed and shaved, the ridge indicating the line of union of the arms of the pubic arch is found, and cut down upon by a vertical incision. A blunt-ended knife is then inserted beneath the bones, and they are separated by an incision from within outward. It is desirable to cut through the bursa.

The child is then delivered with the forceps according to the directions already given. If the separation is liable to be too great, the sides of the pelvis must be supported by the hands of an assistant. A separation of 4.5 to 5.5 centimeters is reported, but this patient died in the ninth day of septicæmia. One and a half inches is about the limit of separation allowable with safety.

After delivery the bones are brought in apposition, and the soft parts united by sutures. The pelvis must be held together firmly by a bandage that will keep the two sides of the pelvis immobile until the bones can unite.

The wound should be cleaned, and kept so. The occurrence of septicæmia is evidence of uncleanliness in some respect, and can usually be avoided. If the separation is enough to cause laceration of the soft parts, pockets may form, in which pus or blood will collect, and sepsis result.

It will be seen from what has been said, that an exact knowledge of the size of the head and pelvis is necessary, in a given case, to decide if it is a suitable one for this operation. Any one not capable of making the measurements to give this knowledge should not attempt it. Where the pelvis is small many prefer the induction of premature labor as soon as the child is viable, and the use of forceps to secure a speedy delivery. When the case has advanced beyond this point before it is seen, symphyseotomy may be done, if an increase of an inch in the lateral diameter of the pelvis will permit the head to pass. If the pelvic canal is

below this limit of size, the child should be removed through an opening in the abdominal wall.

ILLUSTRATED CASES.

The following cases are taken from my case book. They are all forcep cases in which no tear occurred in the perineum. They represent cases varying from primiparæ to multiparæ in their tenth delivery. In all of the cases the patient has been under observation a sufficient time, since the operation, for the development of symptoms due to the use of forceps, if any were to follow. Yet none are found.

CASE I.—Mrs. J. L.—, aged 29 years. Third child. The second time attended by me in confinement. The last child, now over two years old, was born without instruments. The mother has been subject to fits resembling epilepsy, which are absent during gestation but usually occur with the menstrual periods. There was no albuminuria. She was very nervous and weak, and feared she would have one of her convulsive attacks if the labor was not soon terminated. She soon worked herself into a state of needless fright, and the pains all died away. There was nothing to do but remove the child as soon as possible. This was urgent, to save the child as well as to relieve the mother from a condition growing hourly more dangerous to both.

The head was well down in the bony pelvis, and the presentation was easily made out to be a left occipito-anterior ; that is, with the head in the right canal, and

the back of the child towards the mother's abdomen. The hour was late, the case urgent, and I was entirely alone. To get an assistant meant delay, and possibly convulsions. After explaining the situation to her husband, I decided to use the forceps alone, and consequently without an anæsthetic. As I had just finished reading Prof. Landis' book, I concluded to follow his directions in every particular.

Accordingly the blades were introduced with care, and the fenestra in each made to embrace the parietal eminence on that side of the fetal head. The instruments were introduced without causing the least complaint of inconvenience from the woman. There was no difficulty in getting them properly placed and locked. When this was done the uterine muscle showed some inclination to contract. This was probably due to the stimulating effects of the presence of a foreign body within the uterus, and was in a large measure aided by the restored courage of the patient. The idea that she is receiving help is an important thing with a woman in the mental condition in which she was.

The contractions were quite faint, and would have accomplished nothing of themselves. The traction made was all done with one hand, and not more than two pounds of force was employed at any time. The thumb and fingers of the other hand were introduced within the vagina to the cervix, and there held against the blades, as directed on page 127, and shown in Fig. 24 on that page. The results were gratifying, and sub-

stantiated all that is there claimed for this method. The head passed under the symphysis pubis with ease. The precautions of resting between pains with the forceps unlocked, to release the head from all pressure, was carefully observed. As the perineum began to act the handles were made to sweep forward and upward, thus holding the head from falling backward, as it is inclined to. This dropping of the head as soon as it is expelled from the vagina, causes more ruptures of perinei than the use of forceps. In this case the instruments retained the fetal head between the blades, until the handles reached the abdomen of the mother. The birth of the shoulders was not hurried, and another danger to the perineum was reduced to the smallest item possible.

The fetus was delivered in about forty minutes from the time the introduction of the forceps was begun. There was no mark to be found anywhere upon the fetal head, and the perineum was not even nicked. At no time was the traction employed so great as to require either the patient or the surgeon to be braced either against the bed or by a third person.

This woman has been seen and examined a number of times, since the delivery above described, and she is as well, in all respects, as she was before the labor began. The child is also alive and in perfect health. No marks from the forcep blades could be found on the head at birth.

CASE II.—Mrs. S. M.—, age 21 years. Primipara.

Labor lasted about ten hours, when she was completely exhausted. The pains became further apart, and finally ceased entirely. The membranes had ruptured the day before. The woman began to feel very faint, and could retain no nourishment. She had vomited. Forceps were applied and used as in Case I, no assistant being available, and consequently no anæsthetic being used. The delivery was accomplished in forty-five minutes. The perineum was uninjured, and mother and child are now doing well. The woman was examined in the third month after delivery, as is my custom, and has only a slight indentation in one side of the cervix as a sequel of the birth of her child.

CASE III.—Mrs. L. C—, age 21 years. Primipara. Labor really began the day before I saw her, with pains every half hour, or thereabout. When first seen the contractions were strong, and from eight to twelve minutes apart. The presentation was the usual First position. The membranes ruptured about two hours later. The labor progressed until the cervix would admit four fingers, and the head was tightly wedged in the bones of the pelvis. An hour and a half was spent in fruitless efforts to make further progress. The contractions then became progressively weaker, and the patient lost courage with their departure. She was advised of the possible aid she might receive, and was anxious to have the proffered assistance at once. Accordingly the forceps were applied, and the delivery completed in less than an hour. There was no injury to the perineum, and the

mother is in all respects well. She has since been seen and examined, and is now again pregnant about six months.

The child had a large liver when born, and never breathed as it should. It died in about thirty hours. There was no evidence of injury to its head from the forceps, nor symptom of injury from their use. It was slightly jaundiced when born, showing interference with the hepatic function. This was also indicated by the enormous distention of the abdomen due to enlargement of the liver.

CASE IV.—Mrs. M. A.—, age 21 years. Primipara. She had flow of water from the vagina in small amounts for about forty hours, before pains became at all severe. She then waited six hours longer, before sending for me. When seen the membranes were ruptured, and the cervix was dilated to admit two fingers. Presentation normal. Pains every five minutes, and within the next half hour became as close as every two minutes. When the dilatation had reached a size large enough to admit four fingers all advance ceased, and two hours were spent in patient efforts to make further progress. Then the intensity and frequency of the uterine contractions began to be less, until she only had a slight "pain" every twenty minutes. Forceps were suggested and used, and the child was born within a half hour. Not more than six pounds traction was used at any time. The perineum was not torn by the head in the slightest degree, but the woman became somewhat excited and contracted the

abdominal muscles forcibly, at the same time the uterus was contracting and forced the shoulder so rapidly down that a very small tear was produced in the skin covering the perineum. The break was not a half inch in depth, and as no injury had been done to the perineal body it was not deemed of sufficient importance to warrant a stitch, and was left. The mother and baby are both doing well. The perineum body is now perfect.

The laceration of the perineum by the shoulder is by no means uncommon, and is as liable to occur during a delivery without forceps as when these instruments are used. In my experience by far the greater number of injured perinei have been caused by a too rapid expulsion of the shoulder. Care taken in guarding against this danger has resulted in a surprising decrease in the number of torn perinei. These might frequently be attributed to forceps when, in fact, those instruments had nothing to do with it.

During the past year a number of other cases of primipara have been attended in which forceps have been employed. But they differ only in unimportant details from Cases II, III and IV. But the need of instrumental interference is not confined to women in their first labor, as is shown in Case I. Histories of a few more cases are added, to illustrate the various points in the use of forceps that seem most to need emphasis. These cases are all taken from work done by me since reading "How to Use the Forceps." Prior to that time my work was more in accordance with the instructions

laid down in the text-books in use in almost all medical schools, or given by the instructors there.

CASE V.—Mrs. M. C.—, age 25 years. Third child. Her first child had been delivered with the aid of forceps, chloroform being used, and considerable tear resulting. She must have had a hard time with that delivery, as she was anxious to avoid the “instruments.” But after over fourteen hours of persistent effort it became evident to her that she needed assistance. It is my custom never to urge the use of forceps; hence in this case she was told that she needed them, and when she was ready they were at hand. As she feared the chloroform, none was used, and the result was a speedy delivery without any event worthy of mention. She has since been examined twice, and no cause to regret the action then taken has been found. The child is well in all respects.

CASE VI.—Mrs. G.—, age 20 years. Second child. This case was an easy one. The forceps were applied through a cervix dilated to admit three fingers and the delivery completed in less than a half hour from their introduction. The perineum was not injured in the least. Child normal. Both are in excellent condition to-day. She had been in labor sixteen hours before the help she needed was accepted by her.

CASE VII.—Mrs. O’G—, age 24 years. Second child. This case is almost a duplicate of Case VI, except that she was in labor longer before the forceps

were used. Mother and child have no evidence of bad effect of the interference.

CASE VIII.—Mrs. B—, age 24 years. Fourth child. This woman had had three children without aid, and there was reason to expect her to deliver herself. But she had been much run down by nursing a child through an illness lasting more than six weeks. Her sister-in-law had been delivered by me some months before and had received instrumental aid. Consequently, after a day and a night of more or less constant pain, she asked to be assisted. As my judgment sanctioned the operation I immediately gave her the relief asked. The child lived to be eight months old, and died of diphtheria. The mother suffered no injury from this delivery. Her third child was born under my care, and without instruments, over two years prior to this delivery.

CASE IX.—Mrs. P—, age 36 years. Sixth child. This woman had a large vagina, and most favorable condition for a speedy delivery by the forces of nature. But she had a large uterus, the muscles being weak and flabby. The contractions were not strong enough to deliver the child without aid. There was no difficulty in applying the blades of the forceps, and very little force was needed to remove the child. Recovery was speedy and without accident. The mother and child both did well. There was no injury to the maternal tissues.

CASE X.—Mrs. S—, age 35 years. Seventh child. In her six previous accouchements forceps had not been employed, and she was slow to consent to their use in

this case. She had a bad condition of cervix. A mass of unyielding cicatricial tissue from a laceration received in some former labor held about one-fourth of the cervical ring, and prevented expansion of that portion of the wall of the canal. The condition was explained to her, but she desired to wait. She was watched for forty hours. During this time the pains would almost cease, and after a few hours' rest would again begin. At last she gave up the fight and asked for assistance. The possible need of cutting through the inelastic scar tissue was considered, but it was thought best to try and deliver her without it. The head was just engaged in the superior strait, its axis corresponding to the right canal of the pelvis, the occiput posterior. Considerable difficulty was experienced in getting the head grasped by the forceps in proper position. The pains set in very strong and interfered with the operation by causing a suspension of all effort at frequent intervals.

After the instruments were in place traction was made with care, in order to avoid rupture of the cervix to a dangerous degree. The dilatation went on gradually, and in about an hour the child was born without injury to it or any material parts.

CASE XI.—Mrs. P—, age, 36 years. Sixth child. This patient had albuminuria before labor began, and considerable oedema of feet and legs up to the knees. She was far from strong, her general health having been impaired from rapid child-bearing and hard work. She had uncertain pains, and some loss of amniotic

fluid, for about forty-eight hours before she felt that labor had begun. The pains then became forcible and strong. They were about fifteen minutes apart when I arrived. Examination showed no membranes, and an os dilated to admit two fingers. The cervix was far back in the hollow of the sacrum, and was hard from cicatrical tissue.

Its capacity to dilate was materially diminished by this scar-tissue, the result of tears received in former deliveries. The pains were encouraged, and persisted with increasing frequency during most of the night. The cervix was now enlarged to admit four fingers, and the presentation was easily made out. The pains were growing less powerful, and were also further apart. The woman was very weak, pulse 130 and feeble. No progress had been made in more than an hour. Forceps were advised and used. The child, a large boy, was delivered in just fifty minutes. The mother was not torn, and the child was uninjured. Both have been seen frequently since, and are free from consequences of the operation.

In this case, I believe, the woman would have been in a condition of collapse if left to expel the child by her own unaided efforts. As it is, she made a good recovery and is well.

CASE XII.—Mrs. C—, age, 36 years. Fourth child. This woman was a muscular Irish woman, and gave every appearance of strength to go through any reasonable amount of labor. The vagina was large, and

the cervix dilated readily, yet the fetal head did not descend beyond a certain point. The presentation was in the right canal, with the occiput anteriorly placed. After three hours of fruitless effort the forceps were introduced, and easily adjusted. The force used was very slight, and no effort at compressing the head was made. The use of the unengaged hand against the blades to form a fulcrum and throw the direction of the force as far back as possible, made the head begin to descend almost without any traction. The child was born in less than twenty-five minutes. It was a large boy, and was not marked. The maternal parts were not injured.

A few cases have come under my observation that show the results of a misapplied forceps. Examples are given below, for it is important to know what not to do as it is to know what to do. It is not necessary to state who was responsible for the errors to be pointed out. The cases are simply given for the lessons they teach.

CASE XIII.—Mrs. S—, age about 26 years. Primipara. After she had been in labor all night, and the pains were failing in strength and frequency, a second physician was called to assist the attendant, and forceps were used. The presentation was either not made out correctly by the operator, or care was not taken to apply the blades to the sides of the head so as to embrace the parietal enlargements. The delivery was accomplished with difficulty, many and strong pulls being required. The progress was very slow even then. Efforts to use

the fingers against the blades, to turn the direction of the force in the proper direction, seemed to produce no better results. Temporary pressure of the head between the blades during each pain did not seem to help matters any. After about one hour of hard pulling the infant was delivered. When the child appeared at least one person present realized that a mistake had been made. The consequences were not pleasant to contemplate. The mark of one forceps blade was over the right eyebrow of the baby, embracing the whole of the right temple and extending down on the cheek. The other blade had rested with its point to the left of the occiput. The child was dead, and never breathed despite an hour of patient effort to revive it. This pressure of the blades on the wrong axis of the head interfered with the usual movement of extension of the head as it emerged from the vulva, and the result was a torn perineum, requiring three stitches for its immediate repair. It is my belief that the death of this baby, and the injury to this mother, are both results of the failure to apply the forceps to the fetal head as they should be applied. With such a deplorable result can any one question the importance of using every precaution to learn the correct presentation before attempting to apply the forceps, and also the necessity of taking every care to have the blades adjusted to the fetal head in the proper way?

CASE XIV.—Mrs. D—, age, 32 years. Fourth child. In this case the circumstances were very similar

to the last case. The woman was a large, muscular, working woman. The indications for the use of the forceps were unmistakable. No effort was made by the operator to adjust the instruments with relation to the head of the child. They went up into the uterus, and were locked. Nothing more seemed to be thought of. The child was alive when their introduction was begun, because its movements were plainly felt over the abdomen. When born it was dead. Everything available was done to make it breathe, but in vain. The marks over the temple and around the side of the forehead showed where the misapplied forceps had been. The hair covering the opposite side of the occipital region concealed the marks of the other blade. The woman was not torn because the perineum had been destroyed in former labors, but the dead child was undoubtedly a result of ignorance in "How to Use the Forceps."

These two histories are given to teach their mournful lesson. The young man who does such work has either not received instruction of the right kind, or he has wofully neglected his opportunities. In either case he is a dangerous person to intrust with the obstetric forceps. The man who reads this volume with intelligent appreciation will never make such a blunder again. My experience has taught me that its advice is needed by many physicians, who frequently employ these instruments, in utter darkness regarding the first principles that underlie their application and use.

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[POSTHUMOUS MANUSCRIPT.]

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